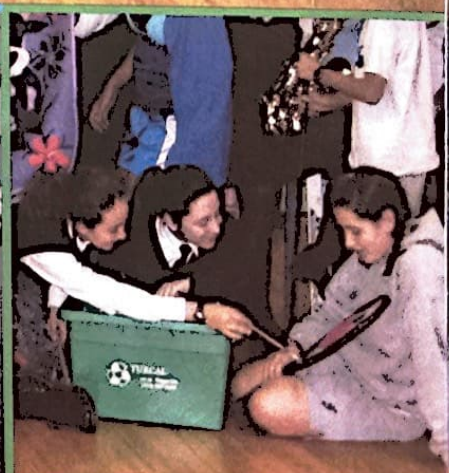


MEMORIES FROM THE HEART

Advancement





The Sacred Heart School of Montreal

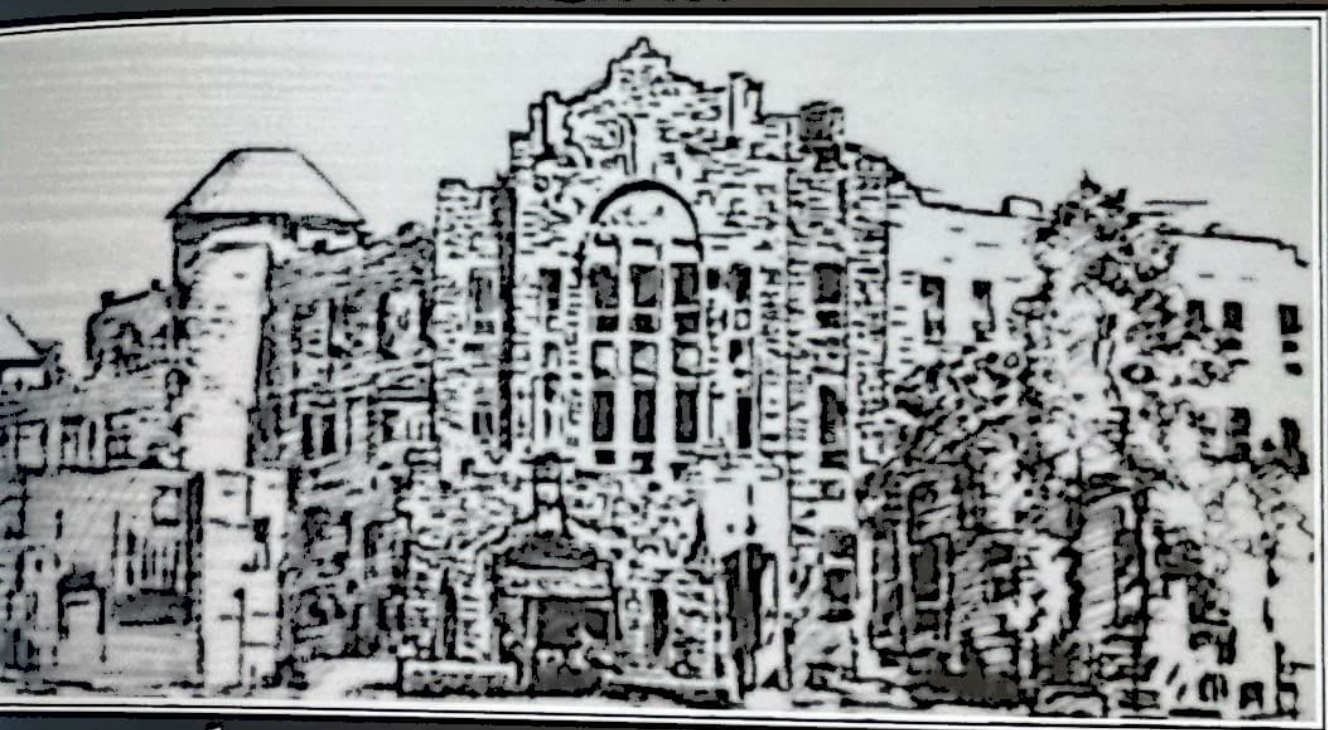
3635 Atwater Avenue

Montreal, Quebec

H3H 1Y4

20

06

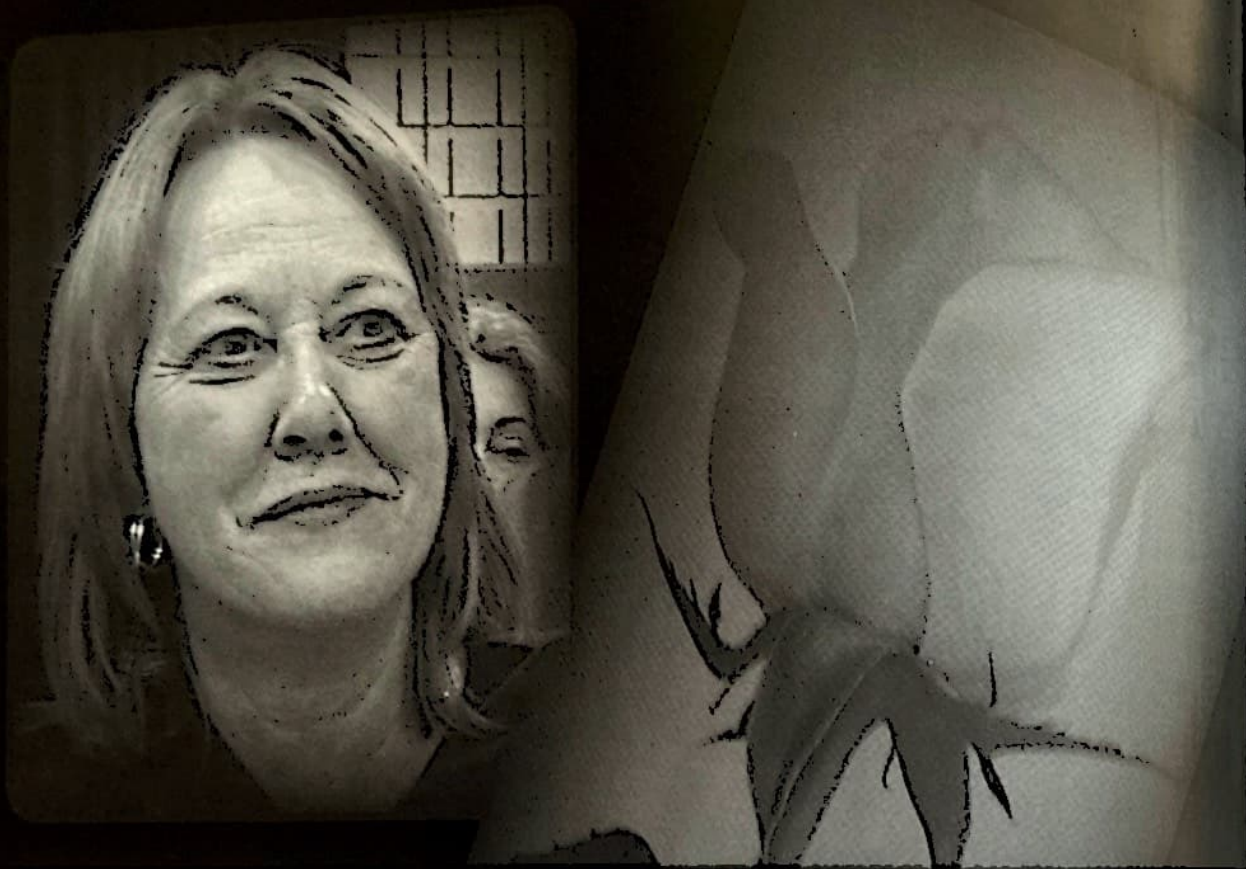


Introducing GlamourGirl



• 'Spirit' has been an integral part of our Sacred Heart experience. With it, we have learned to face each challenge with courage and conviction and pure enthusiasm. Glamour Girl represents the spirit of the SHSM student. Look for her throughout the book as she embodies the different facets of spirit portrayed throughout our community.

Headmistress' Address



This year's editors, Kathryn Palmer and Alexandra Lantosh, have made every effort to capture your Sacred Heart experience, and I thank them for their dedication. Each class brings their own chapter to our Sacred Heart book and the Class of 2006 is no exception. Over the past five years each of you has lived the Sacred Heart experience in your own particular way and now, with Courage et Confiance, you move on to the next stage of your life.

You have chosen the yellow rose as a symbol of your graduating class. This rose represents your high school years and the friendships that you have kindled. Draw strength from all that you have received from a Sacred Heart education and I pray that each time you see a yellow rose, you will remember fondly your high school experience. May God watch over you and keep you safe and may you come to realize that you are an important part of His plan.

Elaine Brooks
Headmistress



Dear Class of 2006,

For five years, you have impressed, charmed and occasionally surprised us; and you are now ready to strike out in new directions. The path you choose to follow will not be straight, you cannot know at the beginning exactly where it will lead, and at times you may have to alter your course. Wherever you go, whatever you do, keep in mind the timeless advice of Albert Einstein: try not to become a person of success; rather become a person of value.

Jean Filipovich, Assistant Headmistress



Memories from the Heart, an appropriate title to describe a book that you will refer to for years to come, a book which chronicles your final year at The Sacred Heart School of Montreal. Enjoy the contents of these pages, they can be relived each and every time that you open this book. Congratulations to every graduate of the class of 2006, and don't forget your first class reunion in 2011.

Peter Kousik, Director of Studies



How quickly five years have gone by. Those little secondary ones have grown into mature young women, ready to take on all of life's challenges. I wish you all smooth sailing, but when the seas get rough, may your courage and conviction help you make wise choices. You are a special class and each of you has flavoured the school with your gifts and talents. Now, go and share them with the larger community and make a difference...a difference for good.

I will miss you.
With love,

Rosanne Del Torto, Director of Students



"The mind is not a vessel to be filled, but a hearth to be lighted." While you have absorbed much in many subject areas while at Sacred Heart, I hope you also take from here faith in yourself, enthusiasm with which to pursue your life goals, the strength to always be gentle, and the wisdom to always be kind. These will help light your way on life's path..... and your way home. As Agnes Deans Cameron once said "A child's individuality is the divine spark in him. Let it burn."

Colleen Bronson, Director of Advancement and Alumnae Affairs



To the Graduating Class of 2006

Five years of hard work, mingled with making strong friendships, has paid off for all of you, the "Class of 2006." As you venture to the next stage in your lives and studies, remain proud of your Sacred Heart roots and remember that your future achievements will serve to enhance this institution. Leaving Sacred Heart will be difficult. I am also leaving on retirement at the close of this school year and I will, therefore, share with you the loss of this caring environment. The memories, however, will remain for a life time. Always be good to yourselves, and respectful of others. Good luck to all of you and God bless.

Abid Salman, Business Administrator

The Faculty and Staff 2005-2006



Ms. Antonini



Ms. Arella



Ms. Armstrong



Ms. Arseneault



Mr. Bahoo



Mrs. Barnett



Mme B



Mr. Bordonaro



Ms. Bosmediano



Ms. Carbone-McNally



Ms. Cumming



Mme de Sa



Ms. Di Palma



Mr. Filipe



Mr. Filipe



Ms. Gendron



Mr G



Ms. Giguère



Mr. Guilbault



Ms. Hackett



Mr. Hammett



Mr. Judson



Ms. Lakatos



Mr Lap



Mme. Laquerre



Ms. Lessey



Ms. McIvor



Ms. MacCallum



Ms. Maclellan



Ms. Mar



Ms. Mastro



Mme. Mauri



Ms. McNamara



Mme. Morrisseau



Ms. Neeff



Mr. Page



Ms. Page





Ms. Pennel

Ms. Potter

Mr. Reda

Mme. Robitaille

Ms. Seeger



Mr. Snapsauskas



Mme. Talbot



Ms. Troi



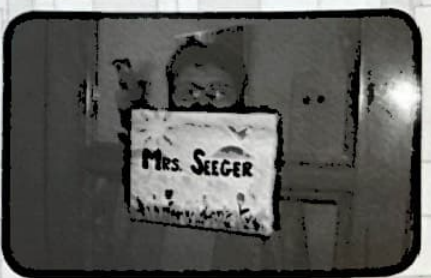
Ms. Vaupshas

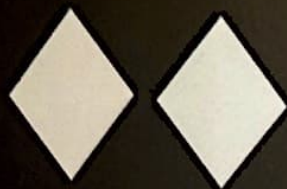


Ms. Walsh



Mr. Ward





Th

“ **KATTIE**

- No shoes on the carpet!!!
- Do we have any snacks?
- IIII know!!
- I like it, thats cute

”



Our advisor
Ms. Lessey

Editor hard
at work

Our Staff:

Alex, I can remember the first time we stepped into our room and came up with the countless reasons why we were MEANT to be editors! Looking back on the pages of our book, I realize that there is no one I would have rather gone through this journey with other than you. You are one of the reasons I've made it so far, and our book would not have been complete without you. You are like a sister to me and I cherish every moment we've shared together.

Ms. Lessey, thank you for your guidance and patience. You are everything we could have asked for in an adviser.

Ladies, enjoy every page of this book and never forget the memories and friendships you have made within these walls. I hope that our memory book will serve to effectively encompass all aspects of our Sacred Heart life and will be a true reminder of every way we survived Sacred!!

- Kathryn



Editors ♦ ♦



ALEX

“

- *SQUEAK*
- Why is this so slow?!
- Wait...how do you do that?
- I'm just going to clean up

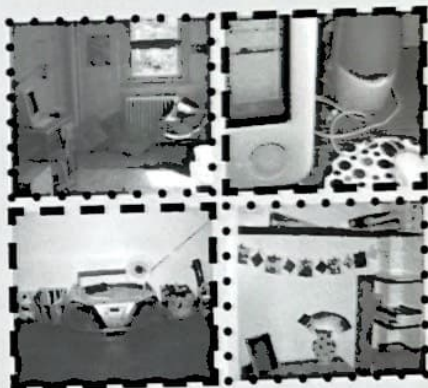
”

What an incredible journey this has been. Kattie, you were the one who convinced me to apply for this position in the first place; looking back, I'm glad that you did. I thank you for your creativity and enthusiasm; you have been my inspiration. Despite the many ups and downs of Yearbook Land and the fact that I would like nothing more than to completely obliterate the word "Deadline" from the English language, I will never forget this experience.

Ms. Lessey, you've been wonderful, thank you for your help, your guidance, and most importantly, you patience! "Good Times".

To the grads of '06, if this book allows you to reminisce and smile upon your high school years, then we know we have succeeded. Enjoy!

-Alex



Our very own
private lounge

The product of late
nights, and early
mornings



Super-Prefects!



<< PARTY TIME!

What a great way to start the year! The skit was unforgettable.

CHILLIN' IN THE PREFECT ROOM >>

Everyone needs a little down time, especially our hard working prefects.



<< THE NERD

Who else could best represent Sacred Heart nerds than our President, Alex Abrol

MS DEL TORTO'S HELPERS >>

What better way to spread Christmas cheer, than to run around dressed just like a reindeer!



Student Council 05/06

THE EXECUTIVE

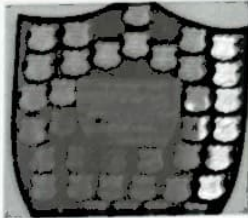
PRESIDENT:
ALEXANDRA ABROL
VICE-PRESIDENT:
EMILY CHACRA
SECRETARY/TREASURER:
SARA CAVALUZZI
GAA CO-PRESIDENTS:
JENNIFER BARWICK
STEPHANIE VOKATY

THE HOUSE HEADS

BARAT:
VANESSA PENDENZA
DUCHESNE:
KRISTIN SANI
DUROUSIER:
**CAROLINE RUDOLPH-
ZBARSKY**
HARDEY:
STEPHANIE MARIS

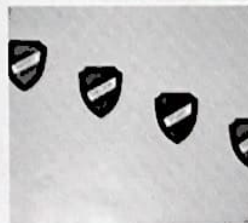
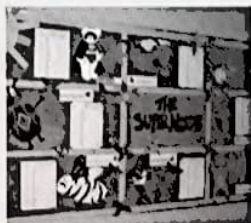
SHELDON:
ROBYN GRASBY
STUART:
BIANCA SPORTELLA
TRINCANO:
ALYSSA POWER

POW Super Mascots BANG



MISSION

To spread Spirit
through the hearts
of all Sacred Heart
Girls!



Barat

Mascot: Sophie the Bear
House Colour: White
House Head: Vanessa Pendenza



Co-Captains: Janet Belliveau & Andrea Latella-Dubois
G.A.A. Representatives: Lara Artinan, Bianca Bertoina, Samantha Mastromonaco

Digby

Mascot: Leo the Lion
House Colour: Pink

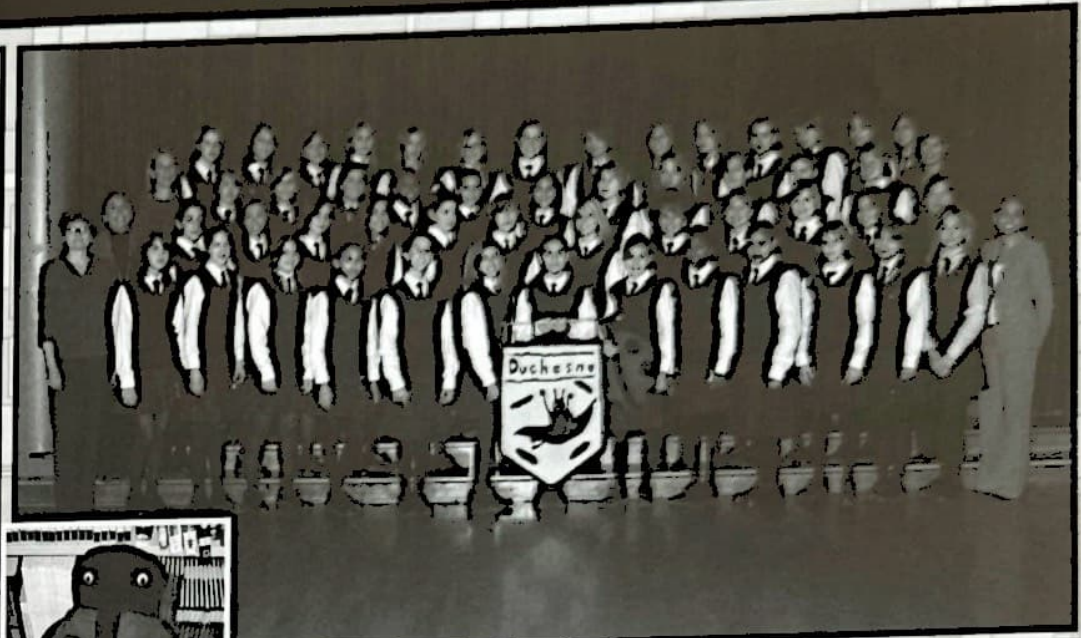


Co-Captains: Jennifer Panetta, Stephanie Amarosa, Tara Frem
G.A.A. Representatives: Jennifer Newton, Lia Asquini, Michelle Vokaty



Duchesne

Mascot: Rose the Ladybug
House Colour: Red
House Head: Kristin Sani



Co-Captains : Samantha Reusch-Desautels & Claire Farrell
G.A.A. Representatives: Melissa Desmarais, Caroline Colozza, Elizabeth MacDonald

duRousier

Mascot: Honey the Bee
House Colour: Yellow
House Head: Caroline Rudolph-Zbarsky



Co-Captains : Cynthia Mancinelli & Viviane Luu
G.A.A. Representatives: Josie Piscineri, Cassandra d'Ambrosio, Vianna Yu



Hardey

Mascot: Henrietta the Monkey
House Colour: Orange
House Head: Stephanie Maris



Co-Captains: Laura Kavanaugh & Emily Snell
G.A.A. Representatives: Patricia Snell, Kayla Di Gaetano, Chloe-Lynn Russo

Sheldon

Mascot: Shelly the Turtle
House Colour: Green
House Head: Robyn Grassby



Co-Captains: Lambrini Kakogiannakis & Christina Abrol
G.A.A. Representatives: Marion Gale, Alexandra English, Amanda Perodeau



Stuart

Mascot: Dylan the Dolphin
House Colour: Blue
House Head: Bianca Sportella



Co-Captains: Gabrielle Lafrance & Lea Dikranian
G.A.A. Representatives: Gillian Kerr, Sophia DiGirolamo, Lynn Dillon

Trincano

Mascot: Cassie de Cow
House Colour: Purple
House Head: Alyssa Power



Co-Captains: Nadia Simeone & Alexandra Molettieri
G.A.A. Representatives: Daniela Molettieri, Gabrielle Balit, Rebecca Catellier





Digby
1st Place



Stuart
2nd Place



Hardy
3rd Place



Sheldon
Spirit Award

We've got Spirit, yes we do,
we've got spirit, how 'bout
you?



Sports Day

Nothing like some friendly competition between the Houses to start off the new school year. A great theme, original games and lots of fun awaited us on the mountain. This year's Sports Day was a great success!





Dear Diary.

Today was my first day of high school! It was all so exciting. There were these older girls called prefects that helped me to find all of my classes and wore those neat blue shirts. They had this weird vocabulary with words like détente and goutier that I'm going to need to get used to.

At first, I was scared I wouldn't make any friends, but everyone was so nice. I can't wait until tomorrow. We're going to have our first house meeting of the year which is supposed to be a lot of fun. I'll let you know how it went and what my house head is like.

Bye for now ★

Secondary I

• CLASS OF 2010 •

Andria Abreu-Moore
Rinu Ahmed
Jenna Albanese
Lisa Alinaudax
Sarah Attardo
Alison Barwick
Pauline Belliveau
Sarah Benoit

Sarah Bernette
Kristina Buoni
Anna Cammisano
Julia Chadwick

Morgana Clarke
Gabrielle Colacci
Jessica Colavincenzo
Amanda Cordeiro

Kyrstin Coughlin
Stefanie Covello
Polivieri Dalianis
Mariena D'Ambrosio
Angela Di Benedetto
Vanessa Di Pasquale
Victoria Di Valerio
Maria Eberle

Kristina Fryml
Elizabeth Gagnon Rivet
Ellyssa Gentile
Amanda Gomide
Taylor Gormley

Rajitha Iyadurai
Amanda Jeanson
Julie Jerneau-Rollin
Joy Kalafatis
Tahana Kalantzis

Caillin Kilmartin
Christina Kontaxos
Cassandra Kouremenos
Maria Kynes
Natasha La Rosa

Alexandra Laurendeau
Vanessa Laskopoulos
Claudia Loffredo
Anna Frances Meyer
Conna Micheletti



**Favourite
Memory:**

Survey Says

Meeting new
friends



Secondary I



Gabriella Michetti
Alexia Mitchell
Jessica Munro
Sarah Nicodemo
Clare O'Donnell
Kathleen O'Keefe
Vanessa Paliotti



Eleni Panaritis
Carly Perodeau
Emily Perry



Laura Predan-Chauvin
Claudia Pulice
Aliyah Rahman



Melina Randisi
Bianca Ripolo
Teresa-Maria Rossignuolo



Chelsea-Ann Russo
Vysnavy Sabaratnam
Dalia Sabra
Michelle Saikali
Soraya Sanchez-Dias
Veronica Santangelo
Jessica Santillo



Joanna Santos
Jessica Sicoli
Alexandra Snell
Cynthia Snell
Melissa Spatolisano



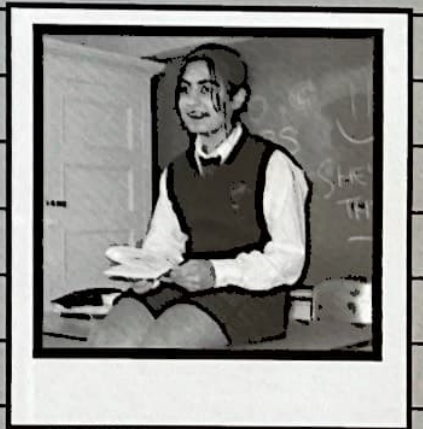
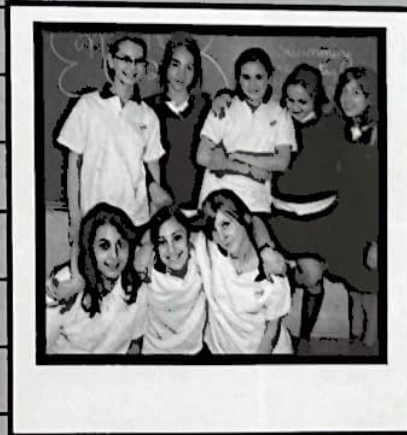
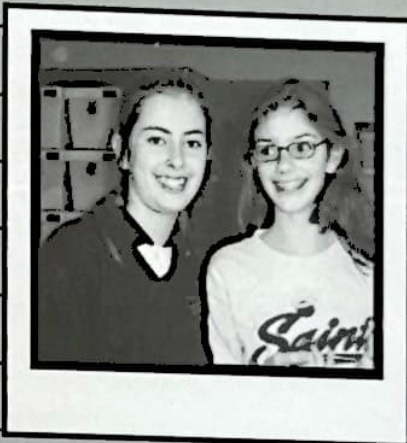
Georgia Tsotas
Natasha Vitale
Carolynn Warnet
Luana Zappitelli



Dear Diary...



look at all the friends I've made



Secondary I Retreat

What more can we ask for than to be able to sit in the sun and relax? Retreat is awesome.

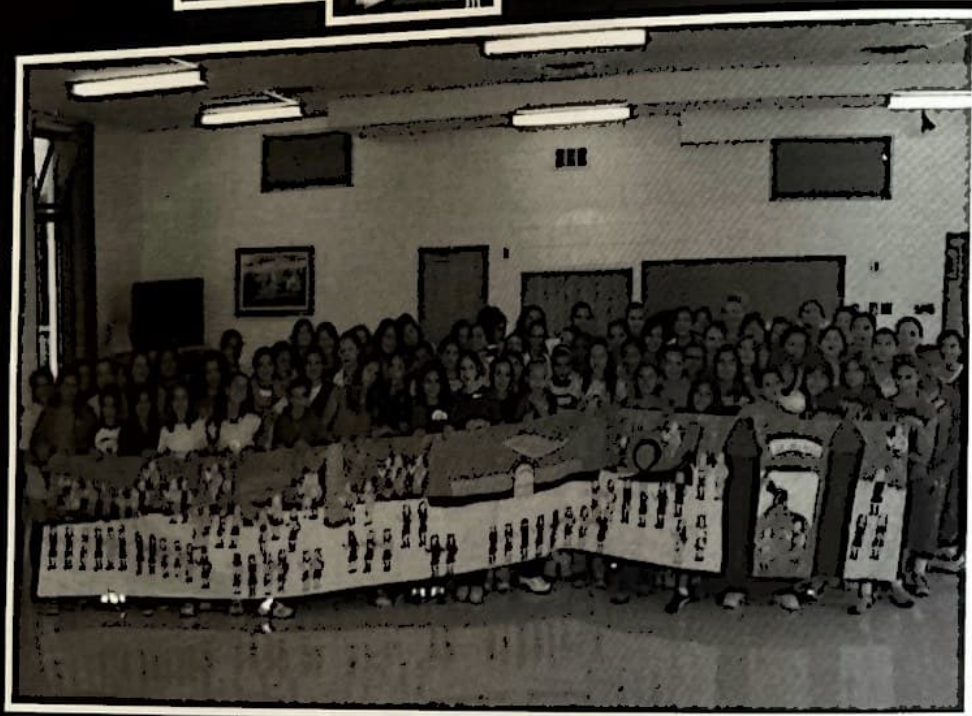


I can't wait.
I can't wait.
I can't wait...
to get there!!!

Nothing beats retreat.

Retreat is such a great opportunity to make new friends. I had an amazing time!

Hmm... How do I convince them to let us stay on retreat longer?



It's so great to be on retreat. We can cozy up with friends and get to know each other better. What a wonderful way to start the year.

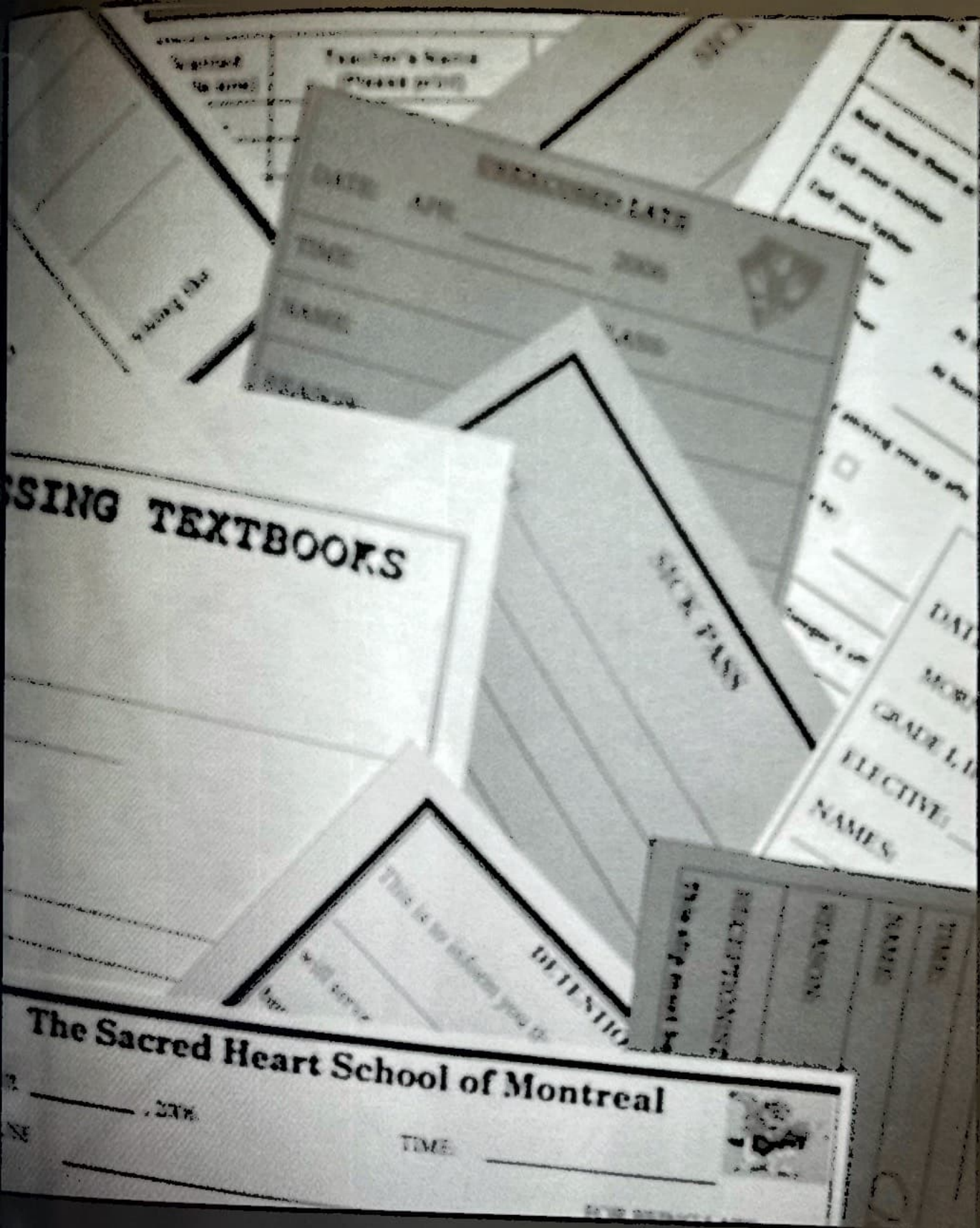


"Do we really have to leave retreat? I've had such a great time; I'm sad to leave." - Andrea



"Don't worry; we'll be back next year, and we'll have a fantastic time." - Amanda J.





Secondary II

• CLASS OF 2009 •

Sofia Afonso
Alexandra Alacchi
Amanda Arella
Katherine Athanasopoulos
Juliana Bene
Alexandra Boky
Lisa Bosellino
Erin Brown Vandermans

Meredith Burke
Amanda Cardillo
Emilie Caron
Sandrine Caress

Rebecca Catellier
Alexandra Cerulli-Kanellopoulos
Camille Chacra
Garima Chopra

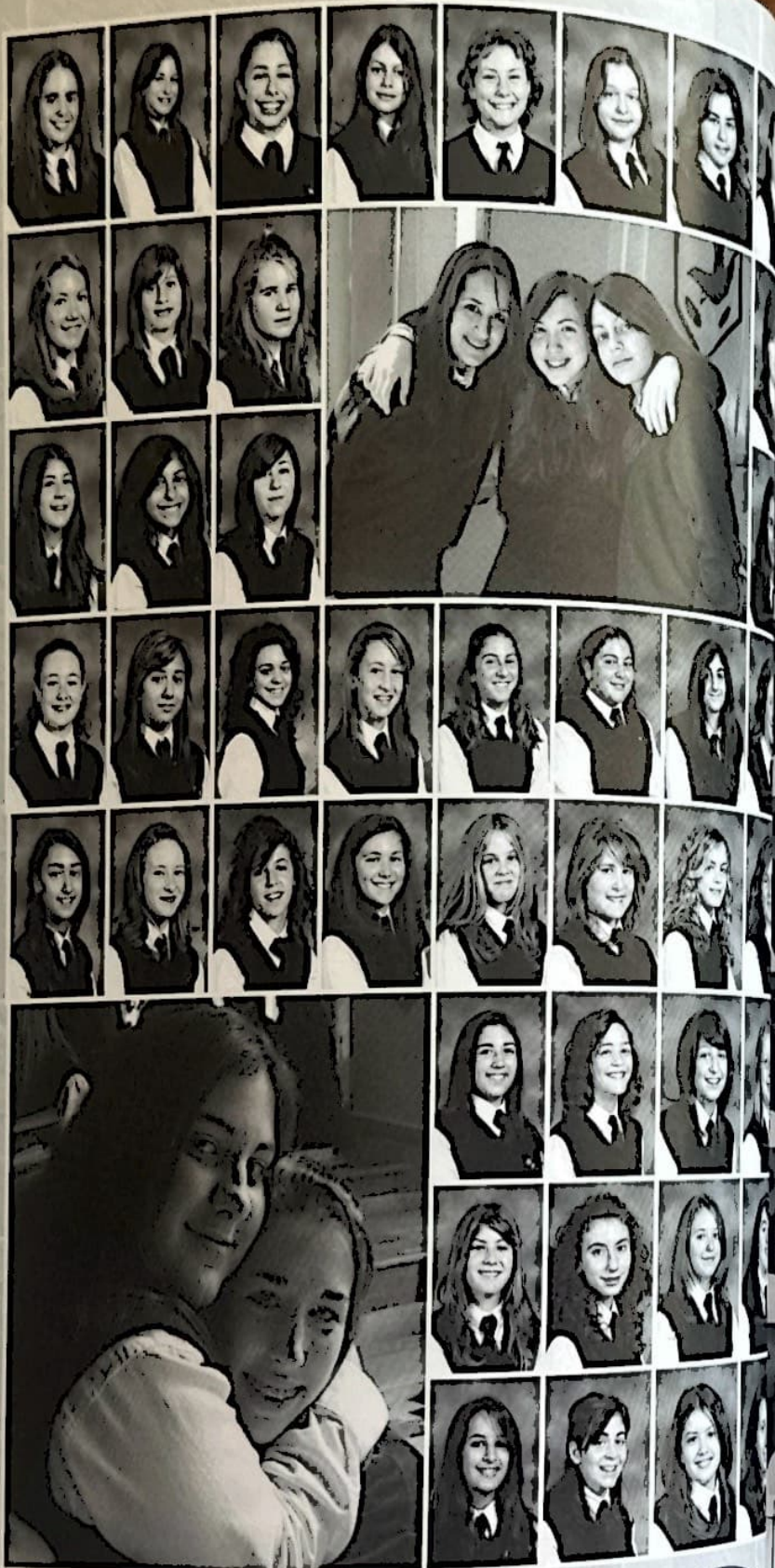
Stephanie Christodouloupoulos
Bianca Cirillo
Jessye Correia
Samantha Côté
Julie Cruvellier
Cassandra D'Amico-Mazza
Emily David
Natalie Davis

Alessia De Lauri
Angelika Delormier Maj
Kimberly Dextras-Romagnino
Alessia Di Giorgio
Carina Di Tomaso
Mélanie Lynn D'Itin
Lauren Farmer
Ashley Farthing

Joanna Fragostefanakis
Émilie Fyfe
Fabiana Ghaleb
Larysa Golymbiowsky

Kelly Guy
Julie Hanna
Emily Horonowitsch
Vanessa Italia

Nadia Kanji
Amanda Kheury
Kathryn Kotar
Hava Koulenovitch



**Favourite
Memory:**

Survey Says

Sound of Music
Sing-along

Secondary



Kristina Kwong
Sandra Labbad
Ashley Lanni
Alexandra Lewyckyj
Virginie Lombardi-Lajoie
Christina Anne Macdougall
Cailin Martin



Elizabeth McDonald
Sabrina Missori
Paola Morin
Tamara Morrison



Elena Motivans
Chrysten Newton
Morgan Orcutt
Spencer Orcutt



Gabriela Padvaikas
Jennifer Palermo
Christina Paolucci
Lauren Papalia
Jessica Patmarca-Santamaria
Leia Pengelley
Natasha Pereira-Erskine



Amanda Perodeau
Ashlan Phillips
Christina Rafie
Tamara Rapattoni



Jessica Lauren Sadko
Anita Sarkissian
Pauline Sasouni
Sarah Segal



Nina Toia
Cassandra Travaglini
Jessica Tutino
Zoe Vlogiannitis

Melissa Walsh
Taylor Wright-Connors
Michelle Zakem
Hanich Zargham

Second
Class



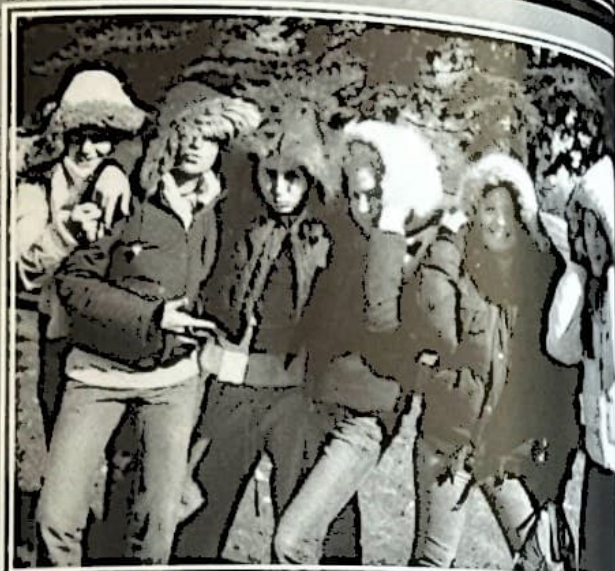
ary II
dids



• SEC II RETREAT

Our Secondary II Retreat was quite a memorable experience. After watching a great movie, we shared stories (especially Ms. Zakem), stuffed our faces (in a ladylike way, not to worry Ms. Del Torto!) and went wild in the field near the lake at L'Ermitage St-Croix. We will always remember our Retreat; it's a day filled with fun and awesome memories we will always cherish. We can't wait until next year!

-Lauren Farmer and Camille Chacra



“

Retreat is such a fun way to reconnect with all our friends!



“

Heart and Soul was such a great movie!

-Alessia DeLauri



Wednesday 31

Day
5

May 2006

7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Math: p. 239 #1-7, 9, 13, 17, 18

French: test de verbes

English: Respond to Shakes.

Sci: Prepare for lab

Buy
Hilray for
English

Hey Sweetie
I can't wait for
the weekend. What
are you doing?
HYS
-xoxo-

→ Sign blue slip ←

Secondary III

Favourite Memory:

Survey Says

Ottawa Trip



Staci Angelis
Bianca-Desirée Arciero
Alessandra Arduini
Melissa Ariganello
Lia Asquini
Amanda Aziz
Samantha Backman
Alyssa Baldoni



Gabrielle Balit
Emily Belleau
Bianca Bertola



Jessica Bindra
Kerry Blake-Savery
Chelsea Brossard



Tara Brownbill
Pamela Caccese
Laurinda Caporuscio
Lisa Cavalluzzi
Cassandra Chase
Vanessa Cheng
Caroline Colozza
Stephanie Courty-Aboud



Angela Cristiano
Bianca Cuffaro
Lia D'Abate
Cassandra D'Ambrosio
Brooke Deer
Erica Deutschman
Kayla Di Gaetano
Sofia Di Girolamo



Lynn Dillon
Caitlin Dixon
Olivia Durand
Alexandra English
Yukiko Evoy
Emilie Flemming Parker



Shelia-Louise Gaon Carlas
Dentise Garadjalou
Cassandra Giaccari



Emilie-Rose Giuliani
Katina Goulakos
Chloe Griffin
Amanda Hajjaly
Emma Hannouche



• CLASS OF 2008 •

Secondary



Jessica Hindley
Keira Kilmartin
Alexandra Koutsogiannopoulos
Olivia Kuzyk



Rachel Dara Larroque
Darah Lecomplex
Eun Jung Lee
Liezl Lee



Samantha Mastromonaco
Alexandra Michaluk
Chelsea Ohayon



Chloe Peterson-Beaudoin
Tiffany Piergiorganni
Jessica Popovic



Karimah Rahman
Katharine Reusch
Marianne Roaldi
Alessandra Ruffolo
Chloe Russo
Lauren Santin
Teresa Sweet



Elizabeth Tomaras
Alessandra Traversari
Evangelia Tsousakis



Alexandra Uva
Alessia Vincelli
Michelle Vokaty



Vianna Yu
Bilbina Zakrzewska
Gianna Zappitelli

Secondary III

Sunday



Monday



Tuesday



Wednesday



6

Teacher
Appreciation
Week



8

Mom's
Birthday



12

History
Assignment



21

Du Rousier
Mass



27

Math Test!



February 2006

Thursday

2

Read French
book



16

Religion Quiz



23

English BLC



Friday

3

Carnival

10

DASHABUSTADD



Saturday



Notes



● Secondary III Retreat



(1) Fashionista(1) - Conversation

Home Tools Help

Home Send Files Video Voice Activities Games

Fashionista

Fashionista says:

hey!

Glamour Girl says:

hey you!

Fashionista says:

how r u?

Glamour Girl says:

i'm good-- how hilarious was today!!

Fashionista says:

TOO FUNNY!! LOL...it STILL cracks me up when i think about it

Glamour Girl says:

so where were you after school today? i couldn't find you anywhere

Fashionista says:

i was in the reception room with some of the other girls

Glamour Girl says:

setting up chairs? ohh yeah, theres a BLC tomorrow, right?

Fashionista says:

yeah

Glamour Girl says:

Voice Clip Winks Backgrounds Fucks

Send

Search

Last message received at 10:19 PM on 4/25/2006

Secondary IV

Favourite Memory:

Survey Says

Sec 4 Retreat



Gabriele Alacchi
Melanie Al-Ahmad

Allyssa Analytis
Michelle Arseneault

Lara Artinian
Valerie Bissillon
Johanna Bitharas
Catherine Brunelle
Olivia Cameron
Jessica Carriero
Kirsten Charron
Christina Christou

Madelyn Coull
Jessica Covino
Krystin D'Agostino
Giuseppina D'Aversa

Jessica Deer
Amanda De Ruggi
Melissa De Ruggi
Caitlin De Seve

Alexandra Deutschman
Lea Dikranian
Claire Farrell
Ruvenco Ferdinand-Peterkin
Tara Frem
Emily French
Elise Fryml
Alessandra Giuliano

Melania Golymbiowsky
Mercedes Griffin
Alana Guy
Elizabeth Hatzchristidis

Anana Ho
Vanessa Jaskolski-Ronald
Stéphanie Karzon
Gillian Kerr



Secondary IV



Chloé Lalouze
Andrea Latella-Duboyce
Tanya Lo Basso
Sophia Loffreda
Melissa Lombardi
Davina Lopercaro
Viviane Luu



Grace MacDonald
Cynthia Mancinelli
Daniela Manno
Francesca Manno



Amanda Marando
Sabrina Marques
Lisa Martin
Tian Martin



Marie McCulloch
Alexandra Molettieri
Daniela Molettieri
Gloria Nguyen
Mai Nguyen
Cara Orsini
Valentine Ostaszewski



Julia Panicom
Amanda Lee Phillips
Josie Piscuneri



Sonia Ponari
Kristina Raimondo
Gersande Richer La Flèche



Stephania Roy
Emily Snell
Elizabeth Stronach
Hillary Tabah
Sheena Thibault



Alexandra Troli
Lauren-Amy Vaupshas
Kia Watkins-Martin
Carissa Wong



"You guys look gorgeous!! what a great picture. This was from the trip to NYC, right? WOO! Good times! I can't wait till the vocal/band trip next year"

Picture comment



“

And all the roads we have to walk along are winding . And all the lights that lead us there are blinding . There are many things that I would like to say to you but I don't know how . Because maybe you're gonna be the one who saves me ?

And after all you're my wonderwall”
—Oasis



Profile: Alana

Favorite
ies: SKY
hehe try
Powers, La
Blonde, P
of the Carib
La vie
l'amour, les
Breakfast



TIANNE SAYS: I'M AT SCHOOL TILL 5:30 TOMORROW!
CARISSA SAYS:EW! THAT FRENCH PROJECT IS SOO TIME CONSUMING.



LIZ SAYS: ONE MORE YEAR TILL WE'RE FREE FROM THESE STAIRS!
LISA SAYS: YEA, BUT WE'VE GOT THE BEST CALVES IN THE CITY LOL.

Trends of the year

- * Keds
- * UGGs and moccasin boots
- * Leggings with jean skirts
- * Razr cell phones

Remember when..

- * We went to the theatre and saw "The Importance of Being Earnest"
- * We had our last retreat at the Ermitage St-Croix
- * We did "Alice the Camel" for the first time
- * We put on Sec V Entertainment for our big sisters



Profile: Amanda

"Favorite Music:
The Killers,
Sean Paul, The
Strokes, Cold-
play, Shakira,
Aerosmith, Panic!
at the Disco"



SHEENA SAYS: I SKIED 12 HUNS TODAY
GABRIELLE SAYS: THIS YEARS CARNIVAL WAS A BLAST!



GLAMOUR GIRL SAYS: EXAMS ARE FINALLY OVER!!
FASHIONISTA SAYS: THIS SUMMER IS GOING TO BE THE BOMB!



MADELYNE SAYS: I LOVE BEIN GEISHA LENNOX!
GILL SAYS: BEING THE PORTER WAS HILARIOUS.

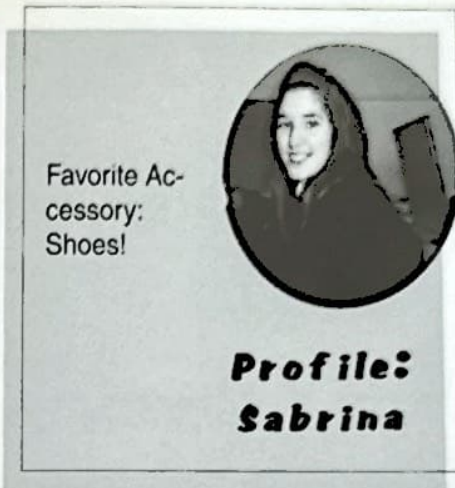


Picture Comment:

"Love the uniforms haha! You two look really nice though- especially without the



AMANDA SAYS: I WAS SO IMPRESSED BY THE PREFECT SKIT TODAY
ARIANA SAYS: THEY'RE REALLY DOING A GREAT JOB!



Favorite Accessory:
Shoes!

Profile:
Sabrina



JJ SAYS: I'M THINKING OF A NUMBER BETWEEN 1 AND 10

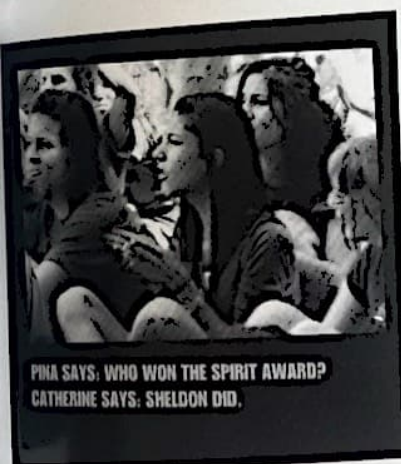


STEPH SAYS: CHECK OUT MY MOVES, AREN'T THEY GREAT?
CAITLIN SAYS: YEAM!

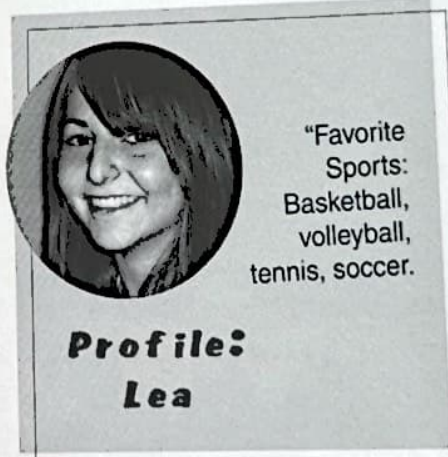


EMILY SAYS: I'M SO LOVED!

Sec* IV Candid*



PINA SAYS: WHO WON THE SPIRIT AWARD?
CATHERINE SAYS: SHELDON DID.



"Favorite Sports:
Basketball,
volleyball,
tennis, soccer.

Profile:
Lea



FRANCESCA SAYS: IM GOING TO MISS YOU OVER THE BREAK
EMILY SAYS: CALL ME AND WE'LL DEFS GET TOGETHER



"Hobbies:
Chilling with
friends, watch-
ing movies,
reading, and
drawing"

Profile:
Grace



ELYSE SAYS: HEY! DID U NO MR GRIFFIN COULD SING?
MAI SAYS: NO- BUT HIS REMINDION OF THE LITTLE MERMAID IN QA WAS AWESOME

“

I'll be there for you when the rain starts to pour.
I'll be there for you like I've been there before.
I'll be there for you because you're there for me too.”

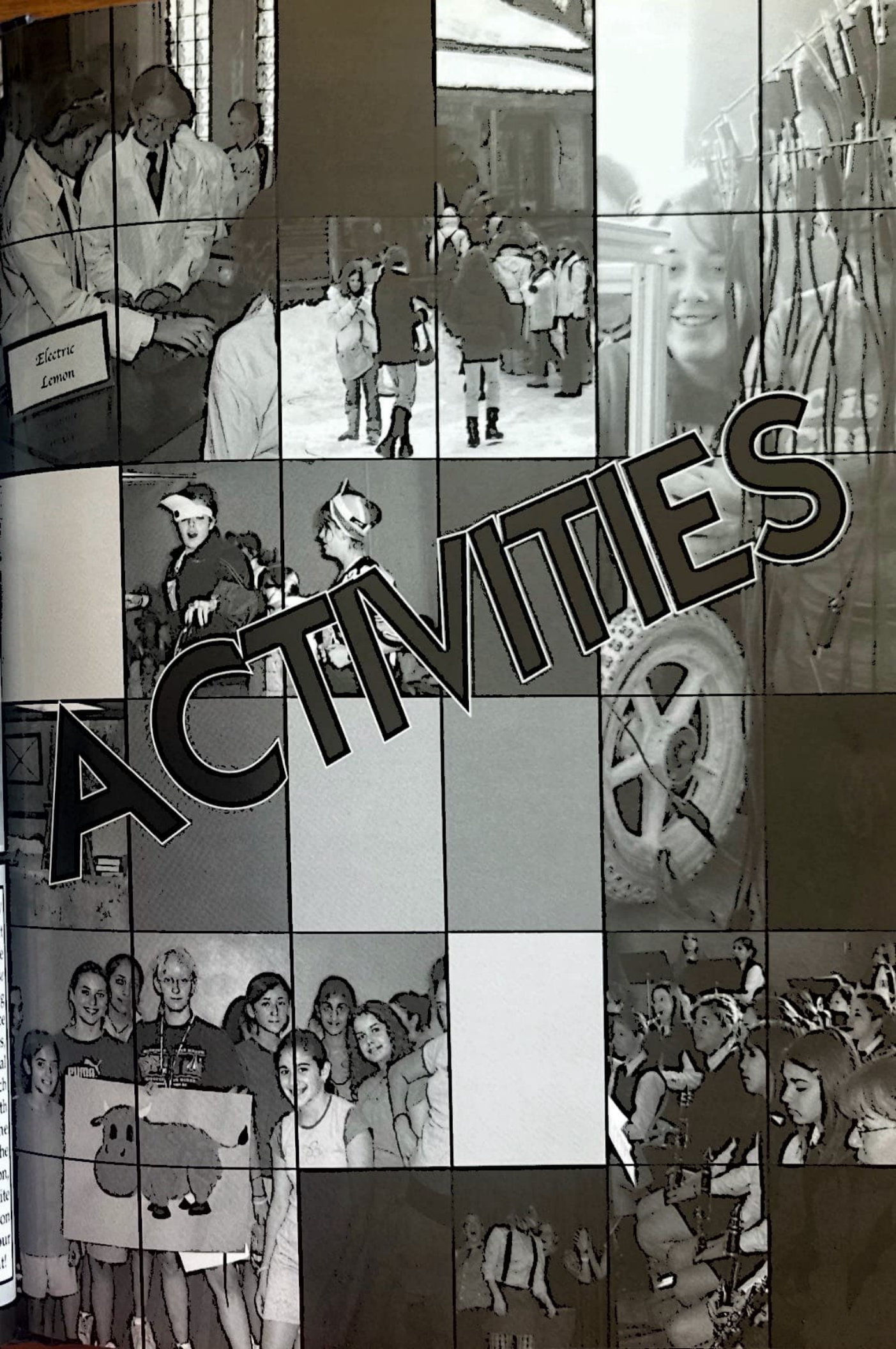
—The Rembrandts



• SEC IV RETREAT

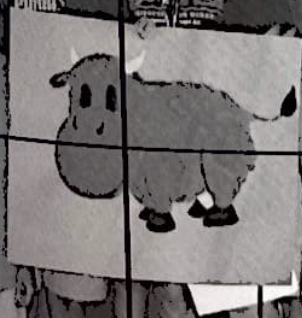


On April 6, the secondary IV class enjoyed our last retreat at L'Érmitage St-Croix. We watched *Life as a House* starring the ever charming Hayden Christensen, ate chicken fingers and fries, sang the usual inspirational songs, and spent a much needed relaxing day with our friends. From the enthusiastic bus ride to the period of quiet reflection, this retreat was a definite success. Next year it's on to secondary V and our climactic two day retreat!



Electric
Lemon

ACTIVITIES



Girls for the Cure



**We know how to
walk the walk!!**



The 10th annual Girls for the Cure walk was, yet again, success. Though the speakers' words brought tears to our eyes, the thought that all the funds we had raised would be going towards such a wonderful cause brought joy to our hearts. Mix 96 provided lively music for the girls from SHSM, QAA, ECS, Trafalgar and Villa Maria who had gathered atop Mount Royal once having completed the walk. Though tired after having walked 5 km, everyone knew that it had all been for a good cause.



CHRISTMAS WISHES

Christmas



Holidays



Dashabustadd



Sacred Heart Critics rave:

“ The theatrical and musical performances of the 2005-2006 academic year were truly spectacular! ”



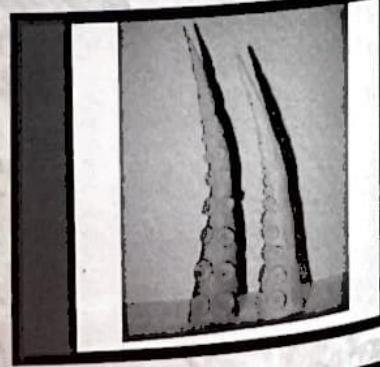
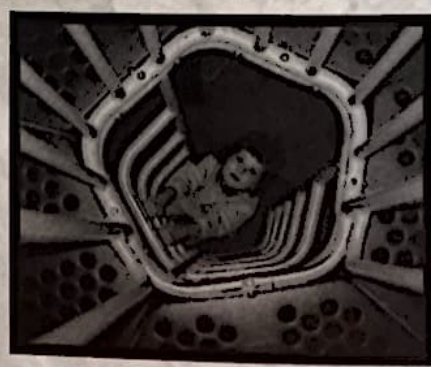
The Diary of Anne Frank

The Cast

Anne Frank: Stephanie Maris & Stephanie Zakem
 Mr. Frank: Robyn Grassby & Melissa Desmarais
 Mrs. Frank: Sam Reusch Desautels
 Margo Frank: Alexandra Lantosh
 Mr. Van Daan: Stephanie Alberga
 Mrs. Van Daan: Kathryn Palmer
 Peter Van Daan: Michelle Lewis
 Mr. Dussel: Laura Kavanagh
 Miep: Kayla Yip
 Mr. Kraler: Lisa-Marie Rinaldi



ARTS
FESTIVAL





Lara Artinian
Tunbridge Wells, England
March 12-25



Virginia Clarke
Omaha, Nebraska USA
March 5-25



Sarah Crevier
Perthshire, Scotland
March 3-26



Pina D'Aversa
Melbourne, Australia

Student Exchange

Andrea Latella-Duboyce
Paipai, Taiwan
August 7-18



Davina Lopocaro
Nantes, France
March 5-25



Patricia Snell
Bussels, Belgium
March 14-April 8



Elizabeth Stronach
Takarazuka City, Japan
June 24- July 8



City House Pictures
Proudly Presents



3rd Place Video!!!

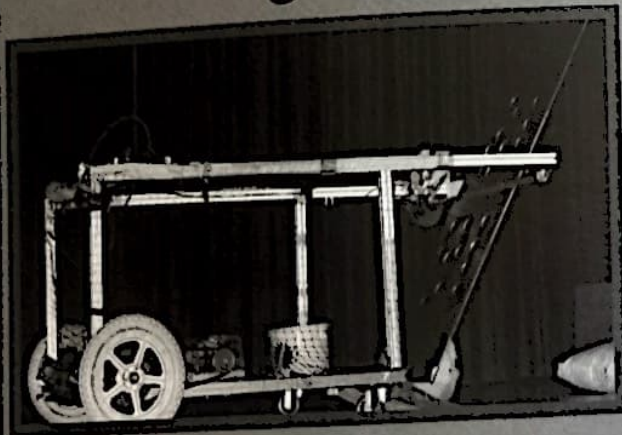


3rd Place Kiosk!!!



Annopoly

Starring...



Our Fabulous Monroe-Bot



The Junior Robotics Club



3rd Place Journal



Great Robot Girl





Italy Trip 06





Semaine du Français



THE BEAT--SPORTS



The 2005-2006 athletic year has come to an end. This year, the girls have shown great passion and spirit on and off the courts and fields. They celebrated their victories, and accepted their losses with dignity. A special thank you to all the teachers who have sacrificed their time in order to commit themselves to coaching. We could not have done it without your support.

Soccer Page 52

Golf Page 53

Softball Page 53

Track Page 54

Cross Country Running Page 54

Cross Country Skiing Page 55

Basketball Page 55

Tennis Page 56

Badminton Page 57

Swimming Page 57

Football Page 57

Volleyball Page 58



THE BEAT -- NEWS

PRIVATE SCHOOL BANTAM SOCCER

Coach: Ms. Vaupshas

A. Abreu-Moore, A. Boky,
J. Colavincenzo, S. Côté, M.
D'Ambrosio, A. Di Giorgio, F.
Ghaleb, J. Hanna, A. Jeanson,
J. Jenneau-Rollin, S. Labbad, K.
O'Keefe, J. Palermo, L. Predan-
Chauvin, J. Santos.

GMAA BANTAM SOCCER

Coaches: Mrs. Cumming &
Mr. Vlogiannitis

A. Barwick, K. Bucci, R. Catel-
lier, A. Cerulli-Kanellopoulos,
M. Clarke, K. Coughlin, C. Di
Tomaso, L. Farmer, J. Sadko, C.
Pulice, B. Ripolo, M. Saikali, S.
Segal, Z. Vlogiannitis, M. Walsh

MIDGET SOCCER

Coach: Mrs. Cumming

B. Arciero, A. Arduini, G. Balit, A.
Cardillo, C. Colozza, A. Cristiano,
K. Dextras-Romagnino, L. Dillon,
C. D'Ambrosio, A. English, A.
Koutsogiannopoulos, E. McDon-
ald, C. Ohayon, G. Padvaiskas, T.
Piergiovanni, M. Vokaty.



-- HAD A GREAT SEASON --



-- MADE IT TO SEMI-FINALS --



-- CHAMPIONSHIP WINNERS AT THE CAIS SOCCER TOURNAMENT --

SPORTS --UPDATES



-- WINNERS OF THE GMAA CHAMPIONSHIP BANNER --

JUVENILE SOCCER

Coach: Mr. Griffin

A. Analytis, J. Barwick, A. Cavaleri, K. Charron, I. Covino, E. French, E. Hatzihristidis, I. Lesvesque, S. Loffreda, M. Lombardi, I. Matteo, J. Newton, S. Roy, E. Snell, P. Snell, A. Troli, S. Vokaty.

GOLF

Coach: Mr. Pagé

G. Balit, K. Coughlin, R. Grassby, J. Newton, S. Roy



-- WINNERS OF THE GMAA CHAMPIONSHIP BANNER --

SOFTBALL

Coach: Mr. Hammett

V. Afonso, S. Benoit, B. Bertoia, E. Brown-Vandercruys, C. Brunelle, G. Kerr, L. Martin, A. Mitchell, C. Paolucci, A. Ruffolo, T. Wright-Connors.



-- HAD A GREAT SEASON, AND WON THEIR FIRST GAME IN SEVERAL YEARS --

THE BEAT -- NEWS

INDOOR TRACK

Coach: Mme. Belfort

S. Benoit, A. Cammisano,
E. McDonald, G. Tsotas, S. Sanchez-
Dias, C. Colozza, K. D'Agostino,
M. DeRiggi, S. DiGirolamo, C. Dixon,
A. English, M. Griffin,
M. Roaldi, G. Richer-Lafleche

OUTDOOR TRACK

Coaches: Mme. Belfort, Ms. Neeff
& Susan Tepperman

Bantam: A. Alacchi, A. Barwick, S. Benoit,
E. Brown-Vandecruys, K. Bucci, M. Burke,
R. Catellier, J. Colavincenzo, E. Fyfe,
E. Gagnon-Rivet, K. O'Keefe, S. Orcutt,
V. Paliotti, C. Paolucci, C. Perodeau,
S. Sanchez-Dias, M. Spatolisano,
E. Toussainte, G. Tsotas, T. Wright-Con-
nors

Midget: C. Colozza, S. DiGirolamo,
C. Dixon, A. English, C. Mancinelli,
T. Martin, M. Roaldi

Juvenile: J. Barwick, M. Desmarais,
A. Gagnon-Rivet, M. Gale, S. Maris,
J. Newton, B. Sportella, S. Vokaty

CROSS COUNTRY RUNNING

Coaches: Mme Belfort & Mme
Talbot

Bantam: A. Barwick, L. Farmer,
E. Gentile, T. Gormley,
M. Spatolisano, M. Tiramani,
C. Warnet

Midget: S. Angelis, A. Baldoni,
J. Bindras, C. Colozza,
C. D'Ambrosio, K. Di Gaetano,
C. Dixon,
A. English, R. Ferdinand-Peter-
kin, T. Martin, T. Piergiovanni,
M. Roaldi, A. Vincelli,
M. Vokaty

Juvenile: J. Barwick, P. Snell,
B. Sportella, S. Vokaty



--WON GMAA MIDGET AND JUVENILE CHAMPIONSHIP BANNERS--

SPORTS --UPDATES



CROSS COUNTRY SKIING

Coaches: Mrs. De Verteuil & Mme Robitaille

Bantam: A.Barwick, C.Pulice, M.Loren Eberle, J.Chadwick, T.Gormley, E.Gagnon-Rivet

Midget: B.Arciero, A.Traversari, A.Uva, J.Popovic, C.D'Ambrosio

Juvenile: M.Gale, P.Snell, J.Panetta, J.Newton, M.Desmarais, S.Vokaty, J.Barwick, C.Rudolph-Zbarsky, A.Gagnon-Rivet

GMAA BANTAM BASKETBALL

Coaches: Mme Giguere & Mme Levesque

A.Abreu-Moore, E.Brown-Vandercruys, E.Caron, F.Ghaleb, V.Italia, A.Jeanson, S.Labbad, A.Perodeau, M.Walsh, T.Wright-Connors, M.Zakem, L.Zappitelli

PRIVATE SCHOOL BANTAM BASKETBALL

Coaches: Mrs. Cumming & Ms. Sophie Grigoropoulos

J.Albanese, A.Cardillo, R.Catellier, K.Coughlin, K.Dextras-Romagnino, V.Lombardi, E.McDonald, A.Mitchell, C.O'Donnell, G.Padvaiskas, B.Ripolo, M.Saikali, J.Santos



-- MADE IT TO THE CONSOLATION ROUND OF THE MONTREAL INDEPENDENT SCHOOLS BASKETBALL TOURNAMENT --



-- FINISHED SECOND IN THE MONTREAL INDEPENDENT SCHOOLS BASKETBALL TOURNAMENT --

THE BEAT -- NEWS

MIDGET BASKETBALL

Coaches: Mr. Griffin & Ms. Ritou Maloni

G. Balit, S. Coury-Aboud, C. D'Ambrosio, K. Di Gaetano, L. Dillon, K. Goulakos, C. Griffin, J. Hindley, T. Martin, T. Piergiovanni, M. Vokaty

JUVENILE BASKETBALL

Coach: Ms. Neeff

S. Alberga, L. Artinian, O. Burke, A. Cavaleri, I. Covino, E. Hatzihristidis, N. Jaga, S. Khoury, J. Newton, S. Roy, S. Vokaty

TENNIS

In Charge : Mme. Morrisseau
Coach : Mr. Asquini

Bantam: M. Clarke, M. Saikali, N. Kanji, M. Burke, J. Palermo, G. Michetti, F. Ghaleb, Taylor Gormley
Midget: Lia Asquini, E. Deutschman, G. Balit, C. Griffin, G. Nguyen, M. McCulloch, A. Deutschman
Juvenile: M. Gale, M. Griffin, S. Khoury, S. Zakem, A. Troli, J. Newton, M. DeRiggi



-- FINISHED FOURTH IN THE MONTREAL INDEPENDENT SCHOOLS BASKETBALL TOURNAMENT --



-- FINISHED THIRD IN THE MONTREAL INDEPENDENT SCHOOLS BASKETBALL TOURNAMENT --



SPORTS --UPDATES



-- HAD A GREAT SEASON --



BADMINTON

Coaches: Ms. Martel & Mr. Pagé

Bantam: K.Kotar, T.Morrison,
G.Chopra, C.Russo, V.Paliotti,
A.Laurendeau,
P.Belliveau, C.McDougall,
E.Fyfe, R.Iyadurai, L.Predan-
Chauvin

Midget: L.Martin, E.Stronach,
C-L.Russo, T.Brownbill, V.Yu,
C.Colozza,
M.Roaldi, C.Dixon

Juvenile: K.Palmer, E.Brownbill,
V.Afonso, A.Lantosh, S.Amorosa,
S.Godin, M.Gale

SWIMMING

Coaches: Mrs. Armstrong and
Mme Talbot

Bantam: A.Arella, A.Barwick,
J.Benc, A.De Lauri, V.DiValerio,
L.Farmer,
A.Farthing, K.O.Keefe, N.Pereira-
Erskine, C.Pulice, P.Sasouni,
C.Travaglini

Midget: A.Analytis, S.Backman,
A.Baldoni, D.Manno, G.Richer-La
Flèche,
T.Sweet, M.Vokaty

Juvenile: J.Barwick, V.Clarke,
J.Newton, S.Vokaty

BANTAM FOOTBALL

Coaches: Mr. Pagé and Ms. Neeff

A.Abreu-Mooré, A.Cardillo,
A.Cerulli-Kanellopoulos,
K.Coughlin, K.Dextras-
Romagnino, C. Di Tomaso,
S.Labbad, E.McDonald,
C.O'Donnell, G.Padvaiskas,
L.Pengelley, M.Saikali, J.Santos,
M.Walsh

THE BEAT --NEWS

MIDGET FOOTBALL

Coaches: Mr. Griffin & Mr. Reda

G.Balit, C.Colozza, C.D'Ambrosio,
L.Dillon, K.DiGaetano, A.English,
C.Griffin, G.Kerr, S.Loffreda,
T.Martin, A.Michailuk, C.Ohayon,
M.Roaldi, M.Vokaty

JUVENILE FOOTBALL

Coaches: Mr. Bruce Charron &
Mr. Ron Cumming
Supervisor: Mrs. Dawn Cum-
ming

A.Abrol, J.Barwick, O.Burke
A.Cavaleri, K.Charron
M.Desmarais, L.Dikranian,
R.Ferdinand-Peterkin, J.Newton
S.Maris, C.Orsini, E.Snell, A.Troli
S.Vokaty

BANTAM DIVISION 3 VOLLEYBALL

Coach: Ms. MacCallum

C.Kontaxis, E.Motivans,
A.Cordeiro, C.Snell, G.Tsotas,
J.Albanese, G.Chopra, C.Russo,
A.Alacchi, E.Fyfe, C.O'Donnell,
E.Gentile



--HAD A TERRIFIC SEASON--



--HAD A GREAT SEASON--



--HAD A GOOD SEASON--

SPORTS --UPDATES



-- WON THE GMAA CHAMPIONSHIP BANNER, AND WENT ON TO THE NATIONALS!! --



-- MADE IT TO Semi-FINALS --



-- MADE IT TO Semi-FINALS --

BANTAM DIVISION 1 VOLLEYBALL

Coach: Mr. Pagé

M.Burke, S.Cassis, S.Cristodou-
lopoulos, A.Gomide, K.Guy,
E.Horonowitsch,
C.MacDougall, T.Morrison,
L.Pengelley, A.Perodeau

MIDGET VOLLEYBALL

Coach: Ms. Neeff

C.Brossard, L.Dikranian,
C.Dixon, A.Hajaly, L.Lee, V.Luu,
S.Mastromonaco, A.Michailuk,
M.Roaldi, C.Russo

JUVENILE VOLLEYBALL

Coach: Mr. Kousik
Advisor: Ms. Antonini

J.Bitharas, A.Guy, S.Karzon,
A.Lantosh, A.Latella-DuBoyce,
C.Mancinelli, S.Marques,
Y.Moinuddin, E.Stronach

SPORTS BANQUET



••Wednesday, May 15th••

8:05 •• General Assembly

8:30-3:10 •• Classes

3:30 •• Art club

Have a
Wonderful
Wednesday!!!

3:45 •• V-ball club meet in gym

4:00 •• Vocal in Barat Hall

4:30 •• Photography club meeting

5:00 •• Debating practice

Clubs

Art Club



Advisor: Mrs. Gendron
C. Mancinelli, P. Belliveau, S. Louise Gaon, C. Carlas, M. Arseneault,
M. Lewis, P. Dalianis, J. Carriero, V. Ostaszewski, C. Farrell,
M. Denison, A. Khouri-Gamade, C. D'Ambrosio, A. Lanni, M.
Eberle, C. Russo, C. Snell, L. Golymbiowski, T. Wright-Con-
nors, S. Maris, A. Cammusano, J. Munro, L. Cavalluzzi, G. Richer,
La Fleche, S. Backman, L. Dikrania, B. Sportella, G. Lafrance,
J. Chadwick, P. Caccese, G. Alacchi, D. Molettieri, A. Molettieri,
G. MacDonald, S. Bertrand

Photography Club



Advisor: Ms. Gendron
S. Reusch-Desautels, S. Bertrand

Debating



Advisor: Mr. Bordonaro
E. Brownbill, P. Caccese, S. Chattoo, L. D'Abate,
S. Maris, I. Matteo, K. Palmer, K. Rahman, E. Snell,
P. Snell, E. Stronach

Vocal Ensemble



Advisor: Ms. Martel
S. Amorosa, C. Babin, S. Backman, S. Bertrand,
E. Brownbill, T. Brownbill, Pamela Caccese,
Jessica Carriero, Madelyn Coull, Lia D'Abate, Ruven
Ferdinand-Peterkin, S. Godin, S. Karzon, L. Kavanagh,
G. Lafrance, M. Lewis, G. MacDonald, C. Mancinelli,
V. Ostachevski, K. Palmer, Chloe-Lynn Rouso, C. Wong

Environment Club



Advisor: Mr. Laperle
K. Mandilaras, K. Pansera, M. Tutino, O. Kuzyk

Liturgical Choir



Advisor: Mr. Hammett
J. Belliveau, J. Benc, S. Bertrand, T. Brownbill,
P. Caccese, G. Chopra, L. D'Abate, B. Deer, M. Denison,
S. DiGiorlamo, M. Gale, S. Gaon, S. Godin, G. Lafrance,
G. MacDonald, C. Mancinelli, S. Maris, T. Morrison, V.
Ostachevski, L. Pengelley, A. Power, C. Rouso, C. Wong

Coral



Advisor: Ms. Martel

S. Benoit, S. Bertrand, T. Brownbill, P. Caccese, S. di Girolamo, M. Gale, T. Gormley, C. Kouremenos, A. Lanni, R. Lee, C. Russo, C. Russo, N. Vitale, V. Yu

Drum Club



Advisor: Mr. Fillion

C. Travaglini, N. Pereira-Erskine, N. Kanji, J. Patriarcha Santa Maria, L. Pengelley

Jazz Band



Advisor: Ms. Walsh

J. Bitharas, C. De Sève, J. Deer, R. Ferdinand-Peterkin, E. Fryml, A. Ho, E. Jung Lee, A. Lee Philips, C. Mancinelli, L. Martin, T. Martin, A. Moletierri, V. Ostaszewski, E. Stronach, C. Wong

Junior Band



Advisor: Ms. Walsh

L. Golymbiowsky, N. Davis, A. Lewvcky, V. Lombardi-Lajoie, L. Pangelley, N. Pereira-Erskine, C. Rafie, P. Morin, E. Brown-Vandergruys, S. Christodouloupoulos, T. Morrison, N. Toia, S. Afonso, J. Lauren-Sadko, J. Cappella, A. Allachi, A. Arella, A. Di Giorgio, F. Ghaleb, J. Palermo, J. Tutino, M. Zakem, E. Fyfe, E. Horonowitsch, V. Italia, E. Motivans, A. Perodeau, A. Delorme

Concert Band



Advisor: Ms. Walsh

A. Baldoni, A. Barwick, J. Bitharas, C. Brossard, E. Brown Vandergruys, E. Brownbill, T. Brownbill, L. D'Abate, J. Deer, S. Di Girolamo, L. Dillon, C. Dixon, R. Ferdinand-Peterkin, E. Fryml, K. Fryml, E. Giuliani, A. Ho, E. Jung Lee, J. Kalafatidis, A. Lee Philips, S. Lofreda, V. Luu, C. Mancinelli, L. Martin, T. Martin, A. Frances Meyer, A. Moletierri, G. Nguyen, V. Ostaszewski, J. Paniconi, K. Rahman, M. Roaldi, C. Russo, E. Stronach, C. De Sève, M. Vokaty, C. Wong, V. Yu

Volleyball Club



Advisor: Mr. Pagé, Mr. Kousik

J. Bitharas, S. Cassis, L. Dikranian, A. Gomide, K. Guy, S. Karzon, A. Lantosh, A. Latella DuBoyce, Y. Moinuddin, C. Ohayon, L. Pengelley, E. Stronach

SSUN'S



Advisor: Mr. Fillion

E. Snell, D. Loporcaro, G. Kerr, M. Al-Ahmed, P. Snell, B. Sportella, I. Matteo, J. Belliveau, A. Power, A. Abrol, S. Godin, S. Chattoo, S. Amorosa, V. Clarke, V. Pendenza, J. Panetta, E. Stronach, C. Rudolph Zbarsky, S. Pakis, R. Grasby, M. Mc Culloch

Faculty Scholars



Advisor: Mr. Judson

A. Alacchi, A. Arella, R. Carellier, A. Cerulli-Kanellopoulous, L. D'Abate, A. di Giorgio, K. Kotar, E. McDonald, A. Lewyckij, H. Zargham, G. MacDonald, J. Belliveau, A. Power

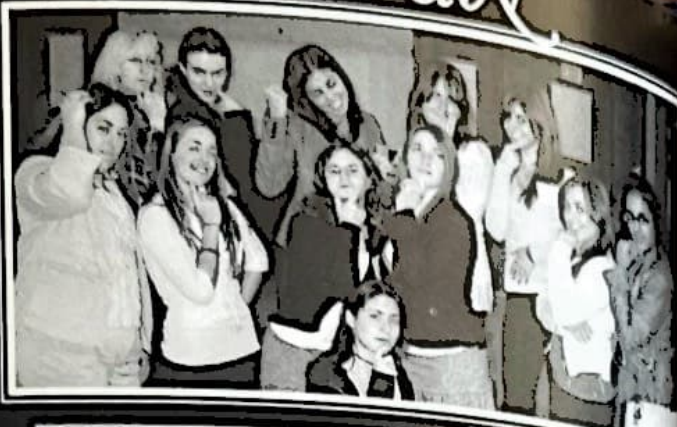
Newspaper



Advisor: Ms. Arella

J. Belliveau, L. Kavanagh, S. Chattoo, V. Clarke, M. Gale, A. Lantosh, K. Palmer, A. Power, L. Martin, E. Snell, N. Jaga, M. Tutino, P. Snell

Model UN



Advisor: Mr. Fillion

A. Power, B. Sportella, C. Rudolph Zbarsky, I. Matteo, J. Belliveau, J. Panetta, P. Snell, E. Snell, S. Godin, S. Chattoo, S. Amorosa, V. Pendenza, V. Clarke

Issues in Economics



Advisors: Mr. Fillion, Mr. Bordonaro, Mr. Laperle

A. Abrol, E. Chacra, C. Abrol, M. Tutino, M. Gale, M. Cusma Davico, A. Lantosh, I. Covino, C. D'Itri, N. Santagata, K. Sani, M. Atallah, S. Bertrand

Literary Magazine



Advisor: Mrs. Armstrong

D. Sabra, C. Snell, G. Tsotas, M. Burke, A. Lewyckij, J. Bindra, K. Mae B. Savery, D. Laroque, T. Frem, G. MacDonald, G. Richer-Lafleche, I. Matteo, P. Snell, S. Chattoo



Graduates

Graduates

Alexandra Abrol



Dear class of 2006, we must realize that graduation is not the end, it's just the beginning. It marks the beginning of a long and exciting journey that awaits us all, the journey of life. To the greatest group of girls I'll ever know: "Shoot for the moon. Even if you miss, you'll land among the stars."
-Les Brown

"Alex"

Christina Abrol



The years have gone by so fast and now graduation is finally here. Thanks for a wonderful five years and unforgettable memories, LK, NL, JS, KM, AG. Efxaristo gia oli sas tn agapi Mitera, Baba, Dwin kai CK. This is not the end but only the beginning.

"Chris"

Vanessa Afonso

Our five years are up! To my friends thanks for the priceless memories and very original games (Jeopardy and Clue), to my teachers for being our cheerleaders and to my parents and sister for their patience and support.



"Nessa"

Stephanie Alberga



Yes, it's over my friends! IC, IIB, IIC, IVA VB: amazing memories. Andrea(sb), no place to start, so there isn't an end, here's to us. FAB5, MD, MPSC, SK SZ: you made it even more unforgettable. ma, dad, enge, ama love you, thanks. We did it! Can't stop, won't stop.

"Steven"

Stephanie Amorosa



Congratulations Class of 2006! We made it! It's been 5 amazing years filled with memories that will last a lifetime! Mom-Dad-Deanna-thank you for believing in me! My friends-good friends are hard to find and impossible to forget, I love you!

"Stephie"

Michelina Atallah



The things we did, the things we said, keep coming back to me and make me smile again. You showed me how to face the truth. Everything that's good in me I owe to you. -Backstreet Boys Thanks to my family and friends for everything. Congrats Class '06!

"Michi"

Tina Athanasoulas



"School's out, Memories past, Don't ever doubt, Our friendship will last". Already five years have passed. A huge thank you to my family, friends and teachers for supporting me. Mom, dad, bro: I love you! Friends you mean the world to me. So many memories, peace.

"Tinkers"

Caitlin Babin



To my family and friends: thanks for everything. I don't think the past five years can be expressed in words, I mean other than the words WE MADE IT THROUGH ALIVE! "My heart ticks in beat with these kids that I grew up with, living like life's going out of style."

"Caitl"

Jennifer Barwick



Grads 06, I love you all! All my buddies-> you guys made my five years here. Italy, here we come! Thanks Mom, Dad and Ali you got me through! "Nobodysaid it was easy, it's such a shame for us to part" -Coldplay. Good luck everyone! -WootWooo

"Jen"

Anne Bellini



Mom, Dad, Bro-you saw the best in me & believed in me thank you & I love you. To my girlies all unique in their own ways-without you I'm the dance without the song. Thanks for the good times-Endless Love*. Laugh till it hurts, live life -La Vita E Bella*peace

"Pookie"

Janet Belliveau



Good friends are hard to find, harder to leave, and impossible to forget. AP MG KP SM SV JB thanks for being there. Lunch Table, Pink Juice, WYD, Stratford, SSUNS. Mom, Dad, thanks for everything; it was worth it. A la mia famiglia: ti amo e grazie! (To my family: I love you and thank you!)

"Jalyssa"

Vanessa Berretta



These past years have been amazing, I will miss you all. I want to thank my family, VNAKS, SPAD, love you guys. Best time ever with highlighter fights. (2/28)

"Van"

Graduates

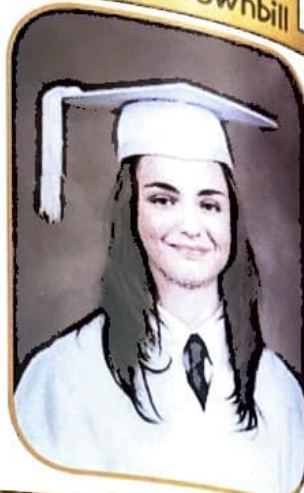
Stefania Bertrand



"Music isn't just learning notes and playing them, You learn notes to play to the music of your soul."- Katie Greenwood. Thank you to all my friends for keeping me sane through the years, and to my family for always being there! You are dear to me.

"Steffie"

Erin Brownbill



Another chapter of my life has been completed and it's time for a new one to begin. It's hard to picture life without a kilt and knee socks! Thanks to all my friends-I will never forget you, and thanks to my family for bringing me to Canada!

"Billy"

Olivia Burke

It's about time. We've all had bad times, but definitely more good to match them. Sprankton: my closest friends, great times: beefsteaks, smoorsh, candy. All of those who've put up with me, thanks. Class 2006, cleverly disguised as responsible adults, good luck.



"Liverachi"

Andrea Cavaleri



FAB 5 true friends are like diamonds bright, beautiful, valuable, always in style, love you girls! Steph sb it's just the beginning to many more memories ASA TRIOxox. Thanks Mom, Dad, AA for everything GRADS 06 it's our time to shine, take a bow we deserve it!

"Dre"

Sara Cavalluzzi



Congrats girls, we did it! Mom, Dad, Marco & Lisa, thank you for everything! Teachers, you are an inspiration! JIVS-nyc, bsb, Mms-great times! CD, MP, KS, EC, SK, SZ & prefects-I love you all! You've been amazing friends! Thank you for so many unforgettable memories!

"Cava"

Emily Chacra



Five years have gone by TOO QUICKLY. Mom (my shrink!), Dad, Camille: I love you! My friends: KS, IC, SC JP, VP, CD, MP, SK, SZ + Prefects-you've made this experience amazing. Too many memories! "You'll always be a part of me, I'm part of you indefinitely"-M. Carey

"Em"

Shayesta Chattoo



"To make me understand today, you made me search yesterday. So I have for the past 5 years." Thanks to mom,dad,Ali. Thanks to all my teachers at S.H., and my wonderful friends. Physics buddy: lip gloss. Best of luck to class of '06!

"Shaquesta"

Virginia Clarke



To Mom,Dad,Sean, Nathan,Morgana and family:thanks.I love you more than words can say.To my friends: you've been there through it all.SRD: too much to write.Grads'06: wedidit!5years wentby so fast.To my teachers: thanks is not enough. SHSM:it's been fun

"Virgil"

Isabella Covino



To all '06 Grads, we made it!Unforgettable momentswithallofyou: CD,EC,KS,MP,SK,SZ. Thank you to my family A big thank you to Danny, you're my inspiration, I love you. Thanks especially to JIVS: bsb,nyc,mms,Friends Forever!Good luck to all Graduates!

"Isa"

Sarah Crevier



Grads'06,I'll miss you. To my friends,you mean the world to me. Mom, my greatest supporter; Dad, my inspiration;Xandra,my guardian"No distance of place or lapse of time can lessen the friendship of those who are thoroughly persuaded of each other's worth."

"Crev"

Maria Cusma Dovico



To the Grads of '06, thanks for all the laughs and memories. MT,CRZ,NP,KP- love u guys!ace, I feel pretty, Pavlo, sweet 16, big picture. Always remember, the future belongs to those who believe in the beauty of their dreams.

"Mama"

Jessica D'Amico



Itissaidthatlife'sajourney.ThanksMom+Dad, wonderful teachersand friends for making my 5 year journey memorable and pleasant. Thanks Dany for being the best brother a sister can have. Thanks Ben / IL / AB / DW / Fab / Class'06-memories will last forever.

"Jessieroo"

Graduates!

Elisa D'Ascanio



Congrats to all the grads, we did it! Thanks to my family, mom, dad, Christine. For all your support, I love you all. To my friends, I will miss you so much, good luck in the future. XOXO

"Lisa"

Christina D'Itri



Ladies, we actually made it! To my family: Mommy Daddy Melanie Michaeliamo and thanks for the support. To all my friends: too many memories. M.P-my other half/JIVS/S&S/E.M/K.S/Fab5. To all the teachers: simply thank you. I'll miss you all...ciao!

"Chris"

Jessica De Rosa

NS, KM, MP, AC, SA, CD, SC=MCS-Thank you for all the good times, you're amazing<3. To my family, thank you for all the support. Nad and Mandi (TRIPOD): "If we go down, we go down together, best friends means..."-Taking Back Sunday. Congrats!!



"Jess"

Crystal De Souza



It's hard to believe that it's been 5 years already. To all my friends -I love you. TA, AB KN, IL JD, DW, MA, LR&KY-thanks for all of the memories, you guys are one of a kind. Mom, Dad&Carol your support got me through. To the grads of 06-we made it!

"Crys"

Meghan Denison



Thanks to my family for helping me through these past five years, couldn't have done it without you. To my friends SB, GL, LK, IM, and all the others thank you so much for everything. To the class, good luck in the future and hope to see you all soon!

"Ginn"

Melissa Desmarais



Grads, we walked in as strangers, and now leave as family. It's been fun. Teachers, thanks for giving (and enduring) so much. Mom Dad-Kyle- thanks for the love. "It's something unpredictable but in the end it's right I hope you had the time of your life."

"Mel"

Catherine Farrell



So much to say, so little space. Thanks to my family for all the support. Thanks to all my friends, you know who you are [...]. Mick, you rock. Countless laughs. We're so cool...right? Right?! Why aren't you answering me??? I love you all, good luck!!

"Cassie"

Alexandra Gagnon Rivet



This school was a terrifying step I took; it turned into a great experience. I made friends who shaped me to be the person I will become. Mom, Dad, Ely you helped me through this in laughs and tears. Thank you!

"Axy"

Marion Gale



"What once seemed so far away came so fast. It was a wonderful ride, too bad it can't last." Marion Gale. My lunch buddies-you pulled me through the bad days and made the good even better. Thanks for everything class of '06! See you at reunions...

"Mar mar"

Linnet Ganten



I'll try, but you see, it's hard to explain ...The end has no end so live on and party hard; Sprankton: a noun, disease you get from chewing too much!

"Linny"

Sandra Godin



The five years are already over! We made it! To all my family, I am grateful for all the support and love you gave me. To all my friends and teachers, thank you for being there for me and I will miss you all. Good luck to the class '06!

"Godin"

Alexandra Giannakis



Adios mouchachas. My limo awaits. I'll see you in Hollywood!

"Ali"

Graduates

Robyn Grassby



SPRANKTON to the end, to the ACEGANG, my pillars. Mom, Dad, Ryan and the fam, my sources of inspiration and support. To the GRADS, I couldn't have asked for better friends. To SHSM, I've grown up here, I'll always miss the stairs.

"Robbie Mania"

Lambrini Kakogiannakis

5 years already! Jenn (sister), Tash, Chris you guys are the best & I love you. Mommy thank you for always listening & understanding, I love you. Baba & Metaxia thank you for everything. Chantal, Mel, Vero thank you for all the support. FIA TIN EL-LADA POU AGAPO.



"Bambrini Babolialibalis"

Stephanie Khoury



We made it! It's been a tough 5 years but it was filled with many laughs and good memories. I couldn't have done it without my amazing friends, wonderful grade, great teachers and loving family. SHSM: Thank-you, good-bye, and I will miss you all.

"Steph"

Nisha Jaga



It took 5 years but we made it! Over the years we've had ups & downs but let's choose to remember the ups because in the end all that matters is that we had fun in high school. So congrats grads of '06, it's been a good 5 years. Let the memories last.

"Nish"

Laura Kavanagh



Thank you to all the Kavanagh and Henderson families, I would have not been able to succeed without you. I'll never forget the memories, the band-aids and the good times. I've had a blast everyone, but it's time to say good-bye. Love you, peace.

"Kavanagh"

Gabrielle Lafrance



Thanks to dad, mommy, yayia and my little pest of a sister—I love you! Hey Stef, Gin, Flash, Lolo, Cait, Iz & Axi, couldn't have gotten through without you. Glomp Remember: It's possible to be psychotically happy and morbid at the same time!

"Gabs"

Anastasia Lambrinos



My Family: you guys have been my hope & inspiration. I love you. Jenn (burn) & Lamb I will never forget you. Graduates: you've made SHSM unforgettable. Many of life's failures are people who didn't realize how close they were to success when they gave up.

"Tasha"

Alexandra Lantosh



"My goodness how the time has flown!" ~Dr. Seuss. To my family for always believing in me, to the teachers for going beyond the textbooks, and to my friends for the precious moments we shared. Even the best of friends must part. Goodbye for now, till we meet again! Good luck, I believe in you all.

"Alex"

Isabelle Levesque



Props to the Fab 11. *I hope you had the time of your life* Dream. Remember. *I will survive* Laugh Insanely. Smile. JD *There ain't no mountain high enough* AB Be Proud. Be strong. *Darling, stand by me* DW Cheers Grads 2006. We made it! Hugs & Kisses

"Ixx"

Michelle Lewis



Five years have seen our little band of misfits grow and grow, until we were forced to accept that maybe we weren't so out of place after all. My love to you all, no matter what we've said. Peace out.

"Flashie"

Katherine Mandilaras



Wow guys! We finally did it! First I have to give it up to my Fab 5 (N+J+S+A) you made my years at SHSM unforgettable + MCS love you. Thank you to my family, I love you. N+J= Tripod, sisters, love you. "Will you succeed? Yes! You will indeed." Dr. Seuss

"Mandi"

Stephanie Maris



Mama and Daddy, thank you, I love you so much. JM, you're the best little brother. Prefects 2006. Up on my pony on my boat, Pink Juice, Dear Wife, Lunch Table, Blahst! To my friends: "Shoot for the moon. Even if you miss, you'll land among the stars."

"Coconut 1"

Graduates

Isabella Matteo



"Till the end like a friend stands by you again, And I wouldn't change a thing, Toe to toe, friend or foe, it's all that I know, And I wouldn't change a thing." My friends, my annoyances: we made it. That's as sentimental as I intend to get. Cheers.

"Is"

Kelsey Mazzanti



It's been a blast-time for a joyride to stardom! To my family-you've been my strength. Ali & Jenn-you're the inspiration. Five years passed and I still think you're amazing. Grazie e Tanti Auguri to the Grads '06! princess-out

"Kelso"

Yasmin Moinuddin

SHSM has given me the best gifts, memories and character, gifts that will enrich my life forever. Thanks: Mom, Dad, Sul; to my friends-for the memories-love you; V.L., L.D., A.G-miss you! "We know what we are, but know not what we may be" Congrats Class of 2006!



"Yaxmatax"

Jennifer Newton



5 awesome years filled with laughter and memories lasting a lifetime. Thanks to my family-my friends-my inspiring teachers. Grads '06 couldn't have done it without you-love you all! "Write it on your heart that every day is the best day of your life"

"Jen"

Kylie Newton



It is at times like these when we realize just how hard it is to say goodbye. Pictures fade away but memories outlive today. Shout-outs to all of my girls from the Fab- love you guys! Thank you Mom, Dad, and Chrysten: you are my strength and determination.

"Grumpy"

Katherine Nicol



"That's a very thoughtful question." Blue Baby (x100)? "Like...ok...so... VNAK lives on...forever. Mom, Dad, Christine love. "We don't notice any time pass...but I can tell that we are going to be friends". XOX

"Katie"

Stephanie Pakis



Made it out alive! Thank you to mom & dad. Juj & Al, you've held my world together. Gino, my love, couldn't have made it without you. Sprankton: my incentives for waking up. Noodles, Crazy memories! Definitely unforgettable years. Live Fast & Live Hard * Born to Rock & Roll

"Steph"

Kathryn Palmer



To Mom and Dad for your support, to the teachers who changed my life! J.K.S. I love you guys-stellar, bracelet, canoe trip AP+JB+MG see you all at the skydive! SM Blahst! VETO ALEX! *We promised each other it's till the end* Good Luck Class of 2006!

"Kattie"

Jennifer Panetta



I can't believe it's already over. JIVS: NYC, BSB, MMs-love you BFF. KS, EC, CD, MP, SK, SZ, Prefects- great times. To my teachers: thanks for everything. To my family: Mom, Dad, Steph, Joseph, & Krys, thanks for all the love and support. Class of 06 I'll never forget you.

"Panetta"

Katerina Pansera



Good luck Grads of 06! Thank you to all of my wonderful friends and my Acers. "Take care of all your memories. For you cannot relive them." -Bob Dylan

"Katie"

Melissa Pansera



It's already over! CD- my other half, NS, JD, KM, SA, SK, AC. Too many good times and great memories. To all my friends, you girls are stellar- I love you <3. Mommy, Daddy, Carlo, Carol: thank you for all the support. Congrats girls-we made it!

"Mel"

Nicoletta Pantazopoulos



Five years have come and gone so quickly. I'll never forget my friends and the memories at the Heart. Mel Maria Katie and Caroline, my Ace Gang! Mom, Dad, George, Maria and Eliana, you are my strength, I love you. It's been a blast ladies, good luck!

"Nicki"

Graduates

Vanessa Pendenza



Can't believe it's been 5 years: JIVS-NYC, BSB, MMs, too many memories! KS, EC, CD, MP, SK, SZ-sweet 16s! Prefects-love you so much! To my teachers: thanks. To all my family: Mommy, Daddy, T, Sandro thanks for putting up with me Class of '06 thanks for all the laughs!

"Vane"

Alyssa Power



"Books! And cleverness! There are more important things - friendship and bravery." -Rowling. Mom, Dad, thanks for everything! Maria, Alex: kindred spirits! Grazie tanto Nonna. To those who changed my life: you know who you are. Solo per sempre.

"Alyssa"

Samantha Reusch-Desautels

"Life moves pretty fast. If you don't stop and look around once in a while, you could miss it." -Ferris Bueller. I can't believe how fast it's gone. I'll never forget you guys (even when I'm rich and famous :P). See you on the other side. Keep smiling.



"Sam"

Lisa-Marie Rinaldi



Nobody actually taught us how to say good-bye but our love will always remain. Mom, Dad and Andrew I don't know where I would be without your support. Thanks to all my friends who made me who I am today. Congrats to the class of 2006! We did it! xox

"Lisa"

Caroline Rudolph-Zbarsky



These past 5 years flew by so fast! Katie, Mel, Maria, and Nicky I will never forget: Ace Gang, Mithos, Westside story sing-along, and being Duff and Paulo fans 4ever. Thanks to my family and friends for the support; I will always love you all.

"Cally"

Jennifer Sacco



It's been memorable. I'd like to thank my family for being there, Joey you're the best brother I could ask for. Mommy, I love you. My friends: KS, KM(\$VIP), NL(Burn), AG, CA, AA, and of course my sista; LK, love you all to death. 22/03/03: One Love.

"Jenn"

Alexandra Sampson



"Some of the worst mistakes of my life have been haircuts." - Jim Morrison. I'll always remember the days of Charles and Jaques, Lockertents, Courtney Love, surprise bags, The Breakfast Club, and 30-5-45. Good times...

"Alix"

Kristin Sani



Five whole years and no regrets. To all my girls, EC, SC, IC, JP, VP, CD, MPSK, SZ I love you, couldn't have done it without you. Thank you teachers. Mom, Dad, Eric you were always there for me. Startford, Italy trip, sweet 16s, memories that will last forever.

"Tintin"

Nadia Santagata

I'll always remember NAK, the 777 box, my first KD & the Kumbaya Club. To my carpool/locker/baking buddy who never changes. Never forget the awesome classes (aka, Dora & Anders surprise toys) & a time with Charles, Jaques, & the Queen. Giggidy Giggidy, Almight!
-Glen Q



"Jaques"

Nadia Simeone



5 years already! FAB5 + MCS so many amazing times & memories. Without you, I wouldn't have made it. Jess + Mandi = TRIPOD. If one leg breaks we all fall down, I love you guys. Mom, Dad, Stef, Dan thanks for the support! Grazie Nonni Ti Amo. Class of 2006, we did it!

"Smith"

Patricia Snell



Thanks a bunch mom, dad, siblings (mgemc), teachers and everyone who I do not have space to mention. To my exotic friend (chopsticks + sleep), physics partners (lipbalm), lunch buddies (unspoken words). To my peers: just make it happen.

"Trish"

Bianca Sportella



It has been an unforgettable five years. To my best friend you've taught me what a true friend is. Never a time without laughter. P.B.S. To my family, thank you for loving and supporting me. To the grads, we can do anything we dream of!

"Bianca"

Graduates

Melanie Tutino



To the grads of 06, thanks for five amazing years. I'll never forget you. Mom, Dad & Jess - thanks for everything. My girls, MCD, KP, NP, CRZ, PS - priceless memories, love you! Shoot for the moon, even if you miss, you'll land among the stars.

"Mel"

Stephanie Vokaty



What an amazing 5 years! Grads '06- love you all so much! JKS. To all my friends-let the good times roll! Italy!!! Thanks teachers! Mom, Dad, Matt & Mich- couldn't have done it without you. Grads- we had a blast! The memories will last forever. woot woo!

"Steph"

Diana Wilberg

Party hard, follow your heart and make your dreams come true CLASS 2006 I SALUTE YOU! I love you mommy daddy Dan. Cheers to my girls: Izz/Anne/Jess/Fab 11* life may take us somewhere far and beyond reach but we will always remember where it all began 01**



"DW"

Kayla Yip



Finally!!*Last year of High school!*Whatttt! Special shoutouts to all my friends especially Cat. A BIG thanks to my familia-love you! Class of 2006..Like No Other.. love Kaylalalaaa!

"Kaylalalalaaa"

Stephanie Zakem



We finally made it! Thanks to my family for the support. To the Grads-5 amazing years with many memories, smiles and good times. True Friends Can Grow Without Ever Growing Apart. I love you all and I'll never forget you. Can't believe, it's over!

"Stepherx"

Glamour Girl



Congratulations girls! What an incredible year we've had together. You are an amazing group of young women and the school will never be the same without you. Best of luck in the future.

"GG"

Baby

Pics



A.A



C.A

Vanessa used to walk around the house in a tool belt and cowboy boots



V.A



S.A



S.A



M.A



T.A



C.B

Steph used to take naps in her father's suitcase before he left on business trips



J.B

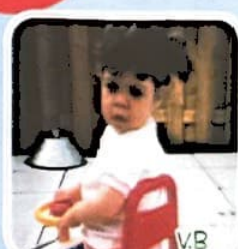


A.B

Olivia used to take baths fully clothed



J.B



V.B



S.B



E.B



C.C



A.C



S.C



E.C

Emily used to say "scubegi" instead of spaghetti



C.C



V.B



M.C



S.C



M.C



J.D



E.D



S.C

Baby



ID



C.D

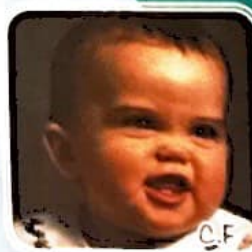
Marion used to
hide in the
laundry basket



MD



MD



C.F



A.G.R



ME



LG



AG



SG

Sandra liked to
put her face in
whatever she
was eating



BO



N.J



LK



L.K



SK



OL



A.L



AL



I.L



ML



K.M



S.M

Alex L used to
carry a wallet
filled with
cheerios where
ever she went

Isabelle used
to eat leaves
because she
thought they
were salad



I.M



K.M



YM



JN

Pics



Alyssa asked her
daddy to fix a
white crayon...
because it
wouldn't work
on white paper



Sam used to
call sandwiches
"SAMwiches"...
made especially
for her!



Caroline used to
take her clothes
off at family
celebrations



When Mel's
uncle's house
was blown away
by a hurricane,
she told him
he should have
used bricks



Stratford



Stratford, a small town nestled among forests, has brought us more cherished memories than any of us could have imagined. We saw *Into the Woods*, a 70's rendition of *As You Like It*, and *Cat on a Hot Tin Roof*, which we enjoyed very much. To top it all off, we still had time to shop! There were plenty of laughs when it came time for the Shakespearean insults workshop ...with Mrs. Brooks no less! Future grades should make sure to bring spare change because Winnie the Pooh cell phone accessories were a popular purchase. Months later, clips of "Going to the Festival!" are still echoing through the halls. Is this not what a field trip is all about?



Sec 5 Retreat



"You are the daughters I never had; you are the class of 2006!" J. Mastro

Early on a Thursday morning, we assembled in the reception room, excited to discover exactly what goes on at a Secondary V retreat. We spent long hours playing games, watching movies and learning about the 'Power of One'. There was much laughter, and, of course, many tears. Late at night we snuck into each other's rooms, sharing candy and stories. The "Blues Notes" we wrote will be reminders of this wonderful experience. "A moment lasts all of a second, but the memory lives on forever."





Counting down the days...



TOP 10 THINGS TO DO BEFORE GRAD

1- Tell everyone how much they mean to you.

2- Let go of all grudges

3- Exchange phone numbers and emails

4- Buy out the vending machines

5- Get everyone's autograph... just in case

6- Return ALL borrowed items!

7- Use every bathroom in the school

8- Take a picture with everyone

9- Make plans to reunite.

10- Appreciate every last minute you have at Sacred Heart.

My nickname was _____

My Best Friends were _____

My favorite band was _____

I'll never forget when _____

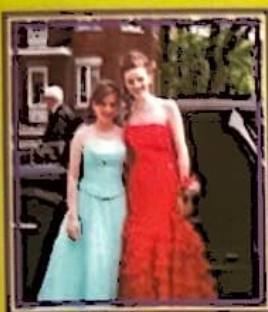
Everyone bought the same _____

I know I'll miss _____

I was always late for _____

If I could go back I would _____

I survived Sacred!



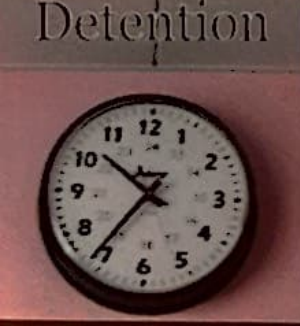
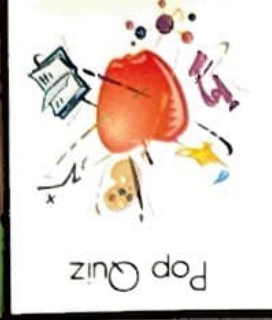
Prom





Night





SACRED

AIM
The aim of this game is to graduate from Sacred Heart by "conquering" the school. To do so, you must buy all of the school properties with house points that you will accumulate all throughout the game.

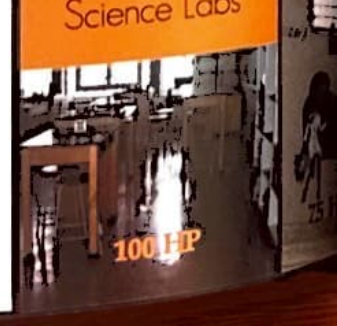
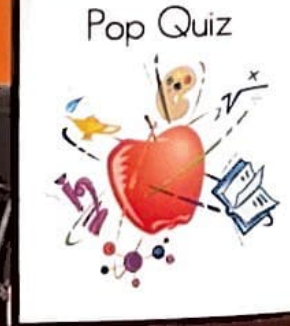
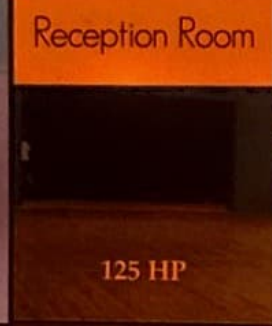
GAME PLAY

- 1- To begin, the treasurer gives you 1000 house points.
- 2- Roll the die and move your token the amount of spaces indicated.
 - If you land on a property space that has not yet been purchased, you can choose to either "shot-gun!" it buy paying the amount of house points indicated, or put it "up for grabs". If you choose to put it "up for grabs," any other player is permitted to exchange house points with the school treasurer. The player willing to give the most receives the property.
 - If you land on a property square that is already owned, pay the owner the first two digits of the "shotgun" price in house points.

Sacred Heart Community Chest

Roll a die and match the number with a question.

- 1- Caught chewing gum. Go to detention
- 2- Win a 1st place in a competition. Get 100 house points and visit the Large Parlor.
- 3- Late library book. Pay 20 house points.
- 4- Go to the nearest administration office. If you pass the Penfield door, collect 200 house points.
- 5- Bring recycling to the art room. Collect 30 house points
- 6- Break one of Ms. Antonini's beakers. Go to detention.



POPOLY

If you land on the Detention square, you are not required stay there after your turn.

If you land on "Go to Detention" square, move your token to the Detention space without collecting 200 house points if you pass the Penfield Door. To get out of Detention, either roll a 6 or give 50 house points to the treasurer. If you do not roll a 6 or give the house points after 3 turns, you must give the 50 house points after which you can roll.

If you land on "Free Period", collect 100 house points from the treasurer.

If you land on a "Pop Quiz" or "Sacred Heart Community Chest" space, match the number you rolled with its respective question and follow the instructions given.



Pop Quiz

Roll a die and match the number with a question.

- 1- Act in Christmas Wishes. Collect 50 house points.
- 2- No house bar. Lose 5 house points.
- 3- Raise pledges for the Walk for the Cure. Collect 30 house points.
- 4- You feel sick and want to go home. Go to the School Office.
- 5- Cookies for detente. Run to the Dining Hall.
- 6- Ms. Del Torto catches you with a rolled kilt. Lose 10 house points.



The Common Room

Vending Machines

Dining Hall

Chapel

The Partry

Elevator

Large Parlor

Mrs Brooks' Office

Start

Penfield Door

Locker Room

Sacred Heart Community



Gym

50 HP

50 HP

100 HP

Computer

B

E

S

T

"The Loudest"



"The Sarcasm"



"The Rockstar"



"The Smile"



"The Skirt"



"The Hair"



"The Slacker"



"The Teacher's Pet"



"The Athlete"



"The Laugh"



"The Smell"



"The Neat Freak"





"The Sleeper"



"The Eyes"



"The Style"



"The Artist"



"The Attitude"



"The Organizer"



"The Poser"



"The Slob"



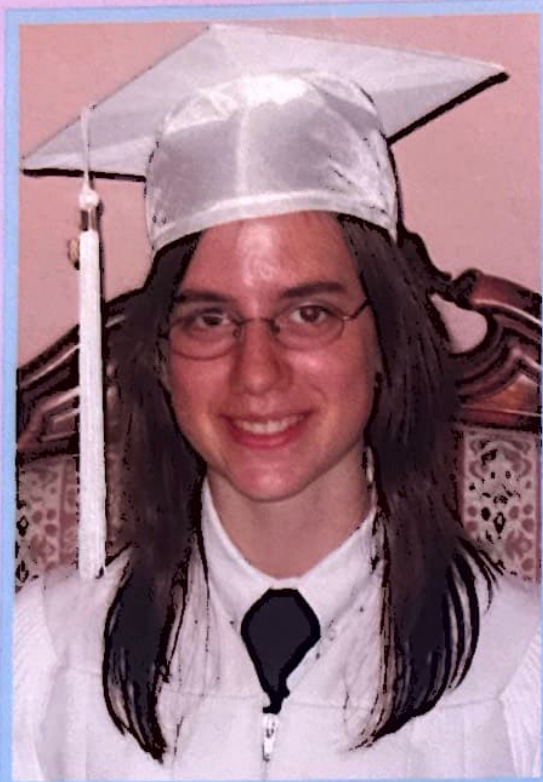
"The Mom"



The Fab 5's



...create an 8 1/2 by 11 post-it that smells like the men's cologne line she invented, and vow to always smell like a sexy man.
 ...buy a yacht in Greece, and fall in love with a Costa, a Peter or a George.
 ...trip her way down the aisle, pull a wipe out on the dance floor, and be rushed to the hospital from food poisoning.
 ...be on Saturday Night Live and praise her Will Ferrell shrine before every show.
 ...marry a hot, rich Ukrainian doctor and max out his Visa and Mastercard after buying the entire mall.
 ...become a famous director, marry a hot actor, and have twenty kids.
 ...die of laughter while marrying a fifty year old from Greece.
 ...get proposed to by the owner of a fair trade coffee shop in the middle of a mosh pit.
 ...make Hansel and Gretel lose their way by eating their trail of bread crumbs as a dare.
 ...misunderstand her cop neighbour to be a pedophile when he asks her "do you want a ride home?"
 ...become a brain surgeon, buy an estate, spend all her money on cherry blasters, and have no money left for her Porsche.
 ...move to Morocco and marry a rabbi.
 ...turn life into a musical and have her boyfriend turn into a werewolf on the full moon.
 ...be the world's great long-high jumper, and marry Prince William.
 ...be rushed into surgery due to a sugar overdose, and upon being cut open, have Ronald McDonald pop out!
 ...miss the WNBA draft because her straightener broke.
 ...dedicate her life to trying to create a t.v show that recaptures the magic of "Friends."
 ...be imprisoned and convicted of murder for the killing of countless jokes.
 ...create a joke book, fall asleep at her own wedding, and break the world record for most shoes and purses.
 ...get arrested for stalking José Theodore.
 ...marry her high school sweetheart and invent a product that prevents hair from "poofing."
 ...move to Newfoundland and become the next Martha Stewart.
 ...decorate her house exclusively with enormous pictures of herself.
 ...run through fire, jump off a cliff, and swim through a sea of sharks just to save an innocent little bug.
 ...marry a professional hockey player and threaten to divorce him if he signs with the Maple Leafs.
 ...marry a fat carabinieri from Florence and have eight children.
 ...marry a vegetarian boy(Pete Wentz), and help save the animals by sending death threats to all fur wearers.
 ...marry a rich old guy, take his money, and divorce him for the cabana boy's genuinely good looks.
 ...become a famous motocrosser, marry Orlando Bloom, divorce him and marry Neil.
 ...become a runway model in Milan but refuse to walk down the catwalk because it's too far.
 ...marry a hockey player, breed many children, and force them to partake in her weekly comedy sketches.
 ...actually make Québec separte, decide she doesn't like it, and move to France, and back.
 ...remain undecided about what she wants to do in life, figure it out, accomplish it in a day, and go skiing with her friends.
 ...completely transform into a wormpillar with heavy eye makeup and live in an orchid.
 ...become famous by any means and break many hearts on an international level.
 ...marry a hot male flight attendant and retire in Hawaii with a house on the beach.
 ...marry a gay guy and then get continually hit on by middle aged French Canadians.
 ...not go to the WNBA because she'll never leave Montreal.
 ...be on America's Next Top Model, and interrupt Tyra Banks to criticize her and all the other models.
 ...revolutionize the music industry with her hit song about a banana bender.
 ...become a back-up dancer for a Mr. Clean commercial.
 ...write her own manga (comic book) and marry the main character.
 ...forget how to operate but still manage to save her patient's life.
 ...open a tea shop, have a no shoe policy, refer to her customers as "guests", while serving them refills in porcelain cups.
 ...send someone into an epileptic fit with her facial expressions.
 ...take over the world armed only with her death glare and a toy lightsaber.
 ...marry the most "West Island" guy ever and bake eight dozen oatmeal chocolate chip cookies a day for their kids.
 ...become a famous news broadcaster then marry into royalty and gallop off into the sunset.
 ...argue with her own grave digger then haggle her way into heaven and be the only angel singing Monty Python songs.
 ...max out her credit cards at Holt Renfrew and become the next Charlotte York.
 ...never decide on a "Most likely" because she couldn't make up her mind.
 ...get super excited while playing sports and accidentally injure someone with her overly enthusiastic waving.
 ...go to "a friend's house", ask for that friend and then realize after all the confusion that she had the wrong address.
 ...lick her way through an iceberg to get to Blue Baby.
 ...become a famous crazed drummer, marry her highschool sweetheart and have little punk rock babies.
 ...ask her kids for directions.
 ...ask her kids for directions.
 ...kill Pappy and become the benevolent dictator of Pappyland.
 ...have a full head of grey hair by the age of 18 from spazzing out every day over nothing.
 ...pay the paparazzi to follow her, then complain that she just wants to be treated like a normal person.
 ...become the Canadians general manager because she wanted to take control of the situation and hire only hot players.
 ...marry a blond astronaut, move to space, and found the first karate school on Mars.
 ...be the next Audrey Hepburn and single-handedly bring back the black and white movie.
 ...show up at the five year reunion in a Cadillac Escalade with 24 inch spinners, married to Snoop Dogg.
 ...be late for her wedding and fall in love with someone on a reality show but leave him for someone richer, more Jewish, and a doctor.
 ...try every profession ever created, decide working's just not for her, and then become a cat lady.
 ...find a cure for cancer and not even know it.
 ...fall in love with a non-Italian boy in Sorrento and ride on the back of his vespa while maintaining perfect hair.
 ...become president of the United States despite not being a U.S citizen and rename it Snelltopia.
 ...give Fidel Castro salsa lessons, take over Cuba and have it remain communist.
 ...get the role of a killer in a horror film, but get scared of herself while watching it.
 ...become the Sole Survivor, then spend her million on tic tacs, Sprite and mini eggs.
 ...show up late for her wedding because she was dancing on the tables sober at her bachelorette party.
 ...become a hobo and beg for money on the streets while doing impersonations.



Valedictory Address

Marion Gale-Sheldon

"It's the end of your world as you know it, but you'll be fine." This was the frightening and yet somehow reassuring message that our teachers conveyed to us with only a week left of our high school lives. High school is a secure world that we have come to know and love. We have been living the past five years of our lives in this sheltered little world but the door has finally been opened, and it's up to us to take whichever path we will.

There is however something that holds us back; something that makes graduation a bittersweet occasion. That something is you, the class of 2006. This was reflected in the comments made during our final GI. We all agree that this school is special because of our wonderful classmates. You are truly an amazing group of girls and the best friends anyone could wish for! We have been through so much together that it is hard to imagine coping without this wonderful support group. Let's try to keep in touch!

Over the years, we've come to describe ourselves as the unluckiest class because we were the first to wear ties all five years, and the first to write an essay on the History of Quebec and Canada exam. But when you think about it, we never had to be table monitors! Joking

aside, I believe that we were truly blessed with amazing classmates, outstanding teachers, and of course a great school. Sacred Heart has provided us with wonderful opportunities. We can now show off the best calves in the city because of the numerous flights of stairs we had to climb every day. We also received a well-rounded education that taught us much more than just reading, writing and 'rithmetic. Best of all, we had superior teachers who knew just how to motivate us to accomplish the most difficult tasks. They were able to entertain us, encourage us, console us and support us whenever we needed them. How many other schools have teachers that will stay until six PM to coach a sport, help you with a problem or simply to chat? Many teachers have come and gone in our short time here but each of them holds a special place in our memories and our hearts.

Besides the teachers, you are what make this school the place it is. As much as Sacred Heart has become a part of you, you have become a part of it. We have all contributed in our own way to this school, even those who are no longer with us. Some of us have repainted Barat Hall, played on as many sports teams as possible, participated in debating or public speaking tournaments, worked hard on model UN, built a robot or even created a journal, video, kiosk or website to go with it. Others of us have sung in the choir, or sung alone in the staircase, been a member of the City House Players, started a newspaper, spoken in BLCs, tried to retrieve a livestrong bracelet from a classroom window, protested against the new white polos and, organized walkathon, carnival or girls for the cure. Our amazing prefects have also been there to guide us through the most challenging days. Each and every one of us has changed this school to make it what it is today. It has truly become our second home.

The Sacred Heart has shaped us no matter how much we may have resisted. We might think that we're leaving the school but SHSM will never really leave us. Thirty years from now, we may just find ourselves sitting in McDonald's, reaching for a fork to eat our fries. We will also be the rare women who stand up to greet guests as they enter the room, those who hold doors and those who sit up straight with their feet one in the instep of the other.

We have been together through the good times and the bad. We have been there for each other through laughter, through tears, through heartbreaks, and through the happiest moments of our lives. We've accomplished many things in the years we've been here. And just when we thought we could not possibly do any more work, we somehow got even busier. But we managed to pull through and have now come to the moment where we can actually say 'I survived Sacred'. Sacred Heart has empowered us to become the best women we can be. Now, we are ready to head out into the real world. Thanks to five years of grueling education in and outside the classrooms, we will be able to achieve our dreams without fear of failure. To the grads of 06, "Let's make the best out of our lives!"



Special Prizes and Awards Merited By Members Of The Class of 2006

Honour Roll Prizes
Isabella Almo
Isabella Almo
Jennifer Barwick
Jared Babin
Stefania Bertrand
Erin Brownell

Isabella Covino
Christina D'Itri
Catherine Farrell
Marion Gale
Stephanie Khoury
Gabrielle LaFrance

Alexandra Lantosh
Stephanie Mans
Isabella Matteo
Kathryn Palmer
Jennifer Panetta
Katenna Pansera

Vanessa Penderza
Alyssa Power
Nadia Santagata
Patricia Snel
Melanie Tutino
Stephanie Vokaty

"Five years on Honour Roll"

Beach Heart Music Award

Beach Heart School of Montreal Art Prize
Beach Heart Memory Book Award

Beach Heart Public Service Award
James E. Byrne Memorial Prize
Beach Heart Prize
Beach Heart B.C. Award for English

Beach Heart Prize

Beach Heart Guild Prize for Social Sciences
Beach Heart Gertrude McNamara Memorial Prize for Mathematics
Beach Heart Annette Archambault Memorial Prize for French as a Second Language
Beach Heart Foundation Bilingual Proficiency Prize
Beach Heart Roper Memorial Prize for contribution to Sports
Beach Heart MacDougall Memorial Prize for Fine Arts
Beach Heart Koss Memorial Prize for Drama
Beach Heart Science Award for exceptional promise in Science and Mathematics
Beach Heart Fitzgibbon Memorial Prize for highest composite average in Science
Beach Heart Forbes Memorial Prize for Health Sciences
Beach Heart Lieutenant Governor's Award for academic diligence and personal, social and community involvement
Beach Heart Council Award for demonstrating compassion and exceptional education through social action

Stefania Bertrand
Erin Brownell
Linnet Ganten
Alexandra Lantosh
Kathryn Palmer
Alexandra Sampson
Kathryn Palmer
Stephanie Mans
Alexandra Lantosh
Vanessa Penderza
Caroline Rudolph-Zbarsky
Patricia Snel
Melanie Tutino

Stephanie Amorosa
Jennifer Panetta
Vanessa Penderza
Marion Gale
Vanessa Penderza
Stefania Bertrand
Stephanie Vokaty
Katenna Pansera
Michelle Atallah
Marion Gale
Marion Gale
Stephanie Vokaty
Alyssa Power

Laura Kavanagh

Jennifer Panetta

Marion Gale

James Smith Memorial Prize for significant contribution to the life of the school
Governor General's Medal and Parents' Guild Award for the student with the highest general average





LASTS



< First day
of school



Mass
V

House
Meeting
V



^
General
Assembly



^
General
Instruction



< Détente

House
Meeting
>



Period
>



SAINTS ARE
WHAT?



DYNAMITE!



Spirit



We've got



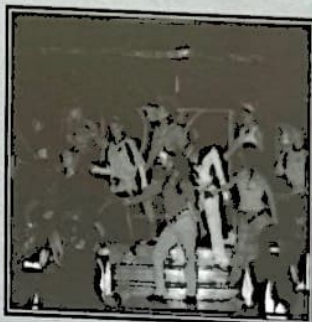
Sharing la "Tiré" at la Cabane à Sucre

Dressing up as Super Heroes on Spirit Day

Cheering for a game of handball



Spirit !!!!!



Dancing in the halls

Renting a theatre to watch *The Sound of Music*

Supporting our Houses



EMOTIONS OF THE HEART



Happy



Sad



Stressed



Excited



Hungry



Nervous



Hyper



ANGRY



COMPETITIVE



Tired



Le Groupe
TIDAN
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Anna Sicoli
Administratrice

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and always
treasure the
moments
you shared
together.*

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"Sidewalks are my runways."

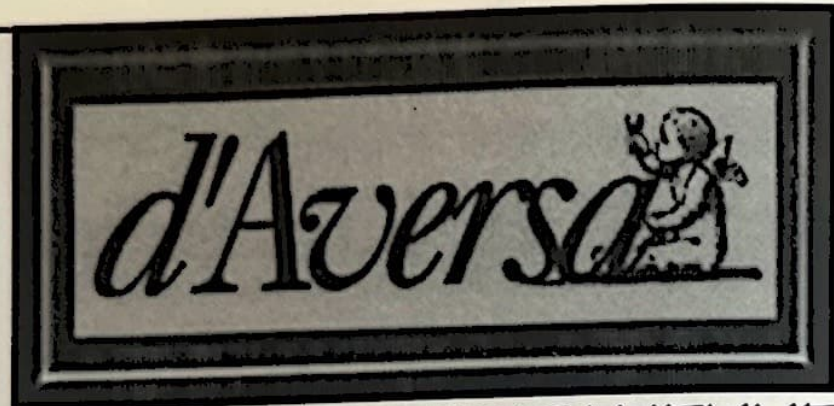
Steve



**Congratulations
on your Graduation**

Stephanie Alberga

Steve Madden Group



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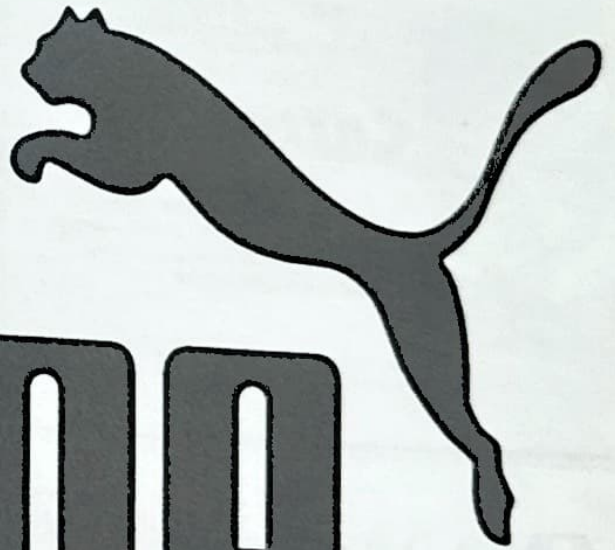


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Janet Rose Belliveau



To our blossoming rose!

You have reached another important milestone on your journey through life. Remember we will always be there if you need us. May you grow in wisdom and may you be blessed all the days of your life.

Ti amiamo tanto,

Mamma, Papa, Pauline, Nonna e zii tutti



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To all the Sacred Heart Graduates of 2006
CONGRATULATIONS!
-- The Newton Family

"From the end springs
new beginnings."

Kylie, you have made us proud.

A job well done!

The best is yet to come,
Don't lose sight of your goals.

Believe in yourself;
believe in your dreams.

You can do it;
you have the power
within to make it happen.
Best of luck with all future
endeavours.



Love always,
Mom, Dad & Chrysten

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Congratulations
to the graduating
class of 2006



From
the Parents' Guild

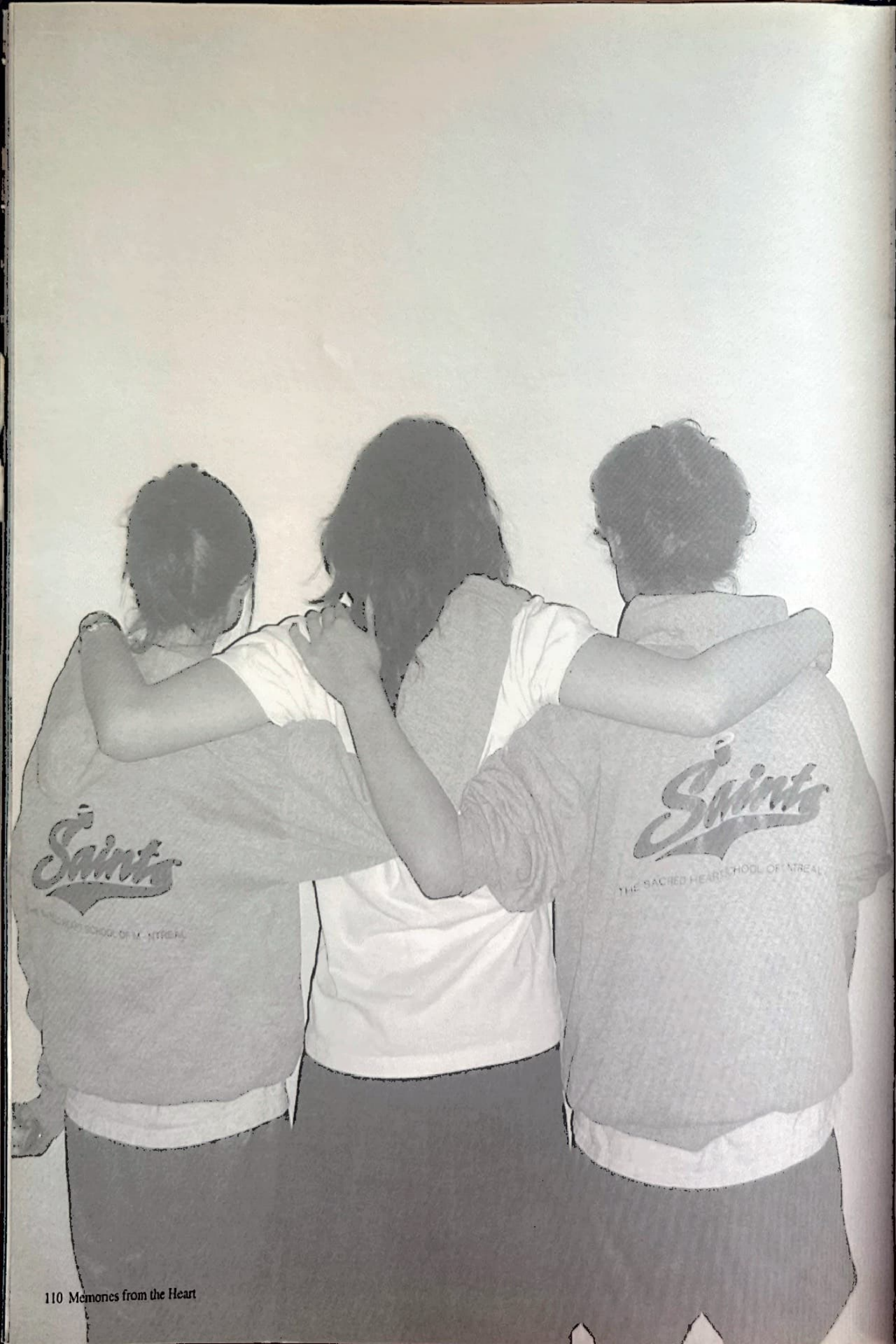
To the 145th graduating Class

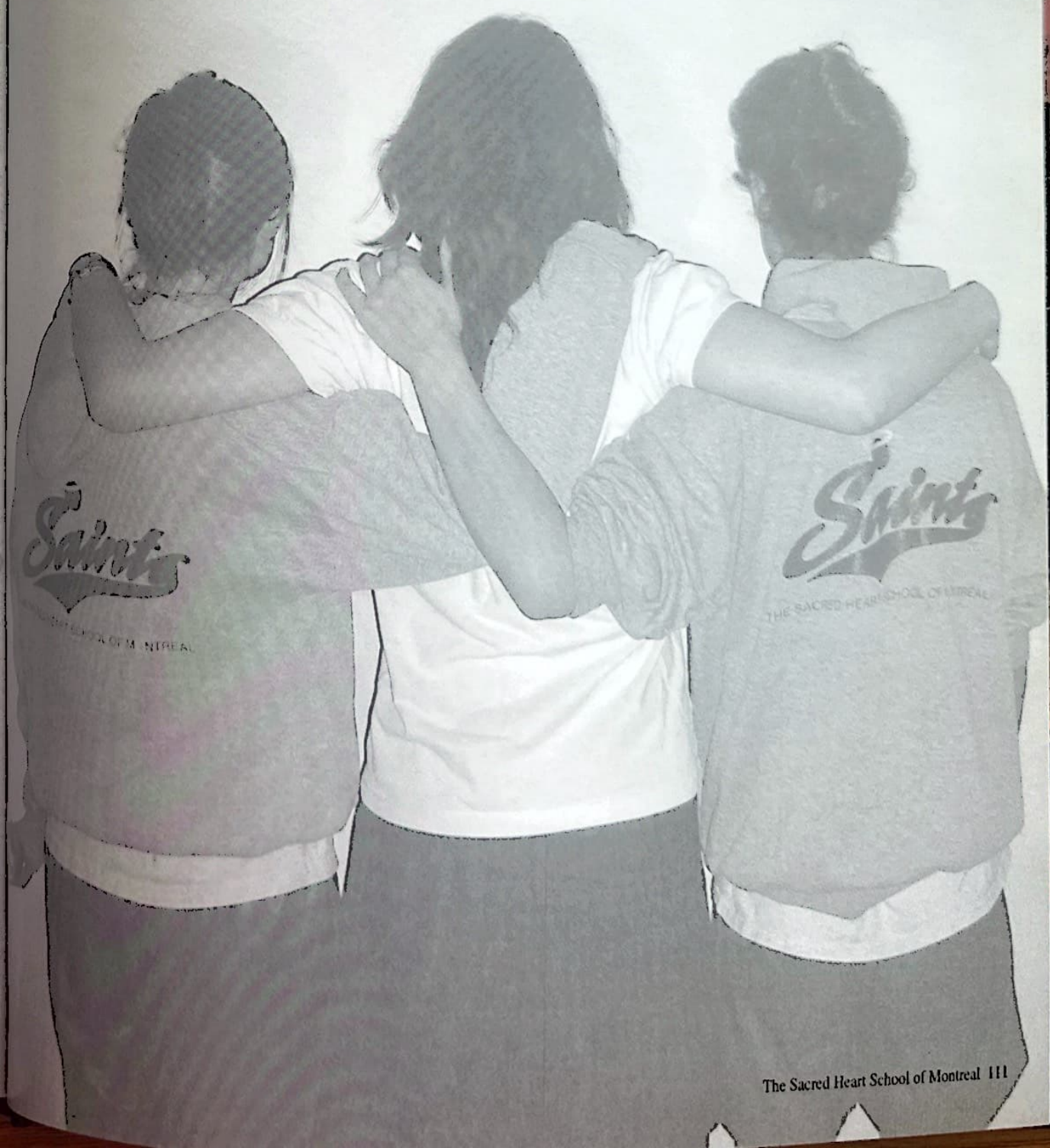
*As you leave this place, you now enter a new phase
of your life with Sacred Heart--
as our most recent alumnae.*



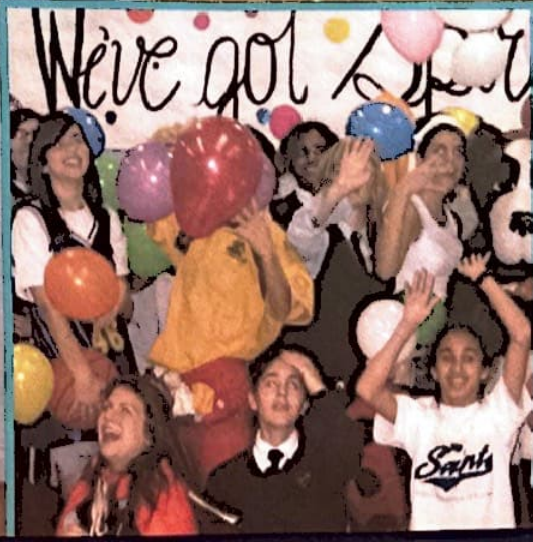
*The Alumnae Association of The Sacred Heart
School of Montreal offers you our heartfelt support and
best wishes for success in all your future endeavors.*

Congratulations!









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2006